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WEDNESDAY MARCH 14, 2012

Zissoriateb Stubrate at Certitan STUDENT INTEGRITY ACT (SIA) 1/3/9/3/01/3 SENATE LEGISLATION Justin Mc Intyn Date Introduced) Seconded by SB11-099 WHEREAS: the ASCC By-Laws gives powers to the President of the Associated Yidegar Santiago Zamiga Student Legislation of the students. Introduced by: Associated PREAMBLE: to appoint of this organization, WHEREAS: Section 2.94 and 2.941 of nd members of IT itte the ge ard oth ppl hir stude ter ict ac ins on behalf o WHEREAS: it may f] tee ems of Cerritos College n. liat on, 2.94 and 2.941 of the ASCC By-Laws Code an LEGISLATION: ent dis :---3 WHEREAS: To pr g officers presic nemt stude

Signing it off: A photo illustration shows the revised Student Integrity Act being passed. The bill was signed into law by ASCC President Jasmin Ramirez on Friday.

mended student integrity bill passed

PATRICK DOLLY Online Editor online@talonmarks.com

Associated Students of Cerritos College President

the students. It would have left the committee being enrolled and seven students of Cerritos College. more faculty and adviser led, rather

than being more student led." She said. She also said that it would have

Mobile News 🥌 Scan to listen to an interview with Yidegar Santiago Zuniga

unique benefits of the bill. udent body, we know who we are student senate] can go over it."

According to Zuniga, a decision on whether to sign Zuniga spoke on one of the or veto the amended bill will be made by March 19.

VOLUME 56, NO. 18

"By Monday, we needed to put in the senate agenda "The thing is, now, we as the whether it was going to be vetoed or not so that we [the

Jasmin Ramirez signed into law the amendment to the Student Integrity Act on Friday, which will change the ways in which ASCC awards committees are selected.

On Feb. 14, the ASCC Senate passed the original bill, introduced by Senate Clerk Yidegar Santiago Zuniga, but Ramirez vetoed it. Ramirez said that the change was not what the ASCC needed right now.

The original bill set out to remove authority from Ramirez to select students from the ASCC to the awards committee, and allow the committee to be selected by a committee consisting of four official recognized advisers from clubs under the Inter-Club Council, four local residents from the Cerritos College district and four students of Cerritos College.

Ramirez addressed the reasoning behind vetoing the original bill.

"It [the original bill] was not in the best interest of lege alumnus that is not currently

been the only non-student led committee within ASCC.

Zuniga addressed the major benefits in the bill, saying, "Now we have people choosing one representative from each student government branch, and then the [ASCC] president and vice-president will choose the three faculty."

The amended bill changes the amount of ICC officially recognized advisers from four to three. It also places one retired faculty member from Cerritos College, one volunteer from the Cerritos Community College District, one Cerritos Col-



http://bit.ly/x15zuQ

sending into the committee, rather than the way that it was, where the committee was only selected by one person."

Although Ramirez signed the bill into law, she requested that Zuniga amend some grammatical errors and present those changes for her approval.

Ramirez feels that student integrity is something that needs to change.

"We've had many issues in the past with student integrity," She said. Zuniga feels that the bill now gives more accountability to the stu-

dents.

Zuniga commented on why he decided to change the amount of retired faculty that will be a part of the awards committee process.

"Before, I was proposing to have four retired faculty and four advisers, but with the opening of the hall of fame, I thought, why not bring alumni in because they were once Cerritos College students."

With awards applications also being available on Monday, Zuniga wanted to have a decision rendered on the state of the amended bill, so that specific flaws could be addressed regarding the Man and Woman of the year awards, which the Student Integrity Act also addressed.

Students also expressed opinions on the act.

Gabriela Granados, who majors in social work, likes the way that the new law is worded.

See Student Integrity Act Page 2

More budget cuts discussed at Faculty Senate meeting

LAUREN GANDARA Sports Editor sports@talonmarks.com

The budget cuts that will go into affect in the 2012 fall semester were the main topics of the Cerri-



tos College Faculty Senate meeting on Tuesday at the Cheryl A. Epple Board Room.

On Thursday, the senate announced that Cerritos College was receiving an \$8.6 million deduction as well as a \$9.5 million deficit for the college next year.

On Friday, the senate had a workshop in which it and representatives from the departments that attended listened to speakers on how to organize the priorities of classes available.

In Tuesday's meeting, Faculty Senate President Debra Moore said, "One of the things that the speakers pointed out to us on Fridav was that if you're going to try to come up with some type of course prioritization, which was obviously the exercise they led us through on Friday, that the decisions should be made by a small committee.

"It's almost another layer of bureaucracy but it makes sense the way they presented it."

It would be up to the committee to determine what should be considered priority programs and courses and what should be eliminated from the budget.

Moore added that the committee would have to be completely unbiased and strictly think of the benefit of the students and not the departments that the committee members belong to.

She would like to set up the committee with a representative for each of the seven divisions that actually teach classes so that there is equal representation.

As far as deciding what should be cut, the senate was given a list of guidelines for fall semester cuts created by Vice President of Academic Affairs Marilyn Brock.

Brock said, "It really is a discussion now for how do we pull together as a community and how do we keep everybody's jobs and how See Budget Cuts Page 2

Senate to vote on granting money for Veteran's Ball

CASSANDRA MEURET Assistant News Editor cassandra.meuret@talonmarks.com

The ASCC Senate will vote on whether or not to grant \$7,000 of the ASCC budget to host a Veteran's Ball for the student veterans of Cerritos College.

The vote will take place in BK111 on Wednesday at 2 p.m.

ASCC proposed this event as a way to give back to the veterans. The original proposal was to provide food to the club but as revisions were made it was decided that a ball was the best way to offer gratitude.

ASCC President and Co-Committee Chair of the ball, Jasmin Ramirez said, "We wanted to provide a fun event to give back to the veterans community."

The majority of the budget will be going toward the cost of food being ordered from Naples Rib Factory. Approximately \$5,000 out of the \$7,000 will be spent on food and

drinks.

The rest of the money will be spent on a DJ, decorations, gift baskets, and flags.

Student Veterans Club Public Relations Officer Lance Makinano said, "The DJ is a friend of mine and is doing the event at a good price since he is also a veteran.

"We are all excited to be putting on this event and hopefully the vote passes."

An estimated 500 student veterans attend Cerritos College and 150 to 200 are possibly attending the ball along with their guests.

A Cerritos College alumnus who is currently attending USC and who is also an army veteran and founder of the Veterans Club will be one of the key speakers.

Faculty member and armed forces veteran, Philip Satterfield, will be the second key speaker.

The third key speaker, Charles Sooter is a Vietnam Veteran and current President of the City of

Cerritos First Combat Engineer Battalion Adoption Committee.

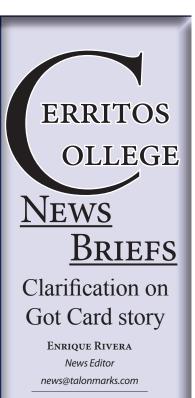
Officials from the Long Beach VA Healthcare System, AMVETS, and other veterans service organizations have been invited to attend as well. The purpose of their attendance is to increase awareness on the various resources available to veterans.

The purpose of the Student Veterans Club is to assist both veteran and non-veteran Cerritos College students in the advancement of academic and personal endeavors.

SVC has been active on and off campus for three years helping with numerous events and the ball is being proposed to honor its work.

The Veterans Ball will be held at the student activities center on April 13 at 5:30 p.m.

Student Veterans Club president Hsiao Hsu was unavailable for comment.



In a story published in the March 7 issue titled, "ASCC senate promoting Got Card benefits," the story was mixed up with a different quote.

ASCC President Jasmin Ramirez was also misquoted.

The mix up started on the third column with the Nancy Bonilla and went through the rest of the story. ICC Commissioner

to start committee to give scholarship ENRIQUE RIVERA News Editor news@talonmarks.com

Inter-Club Council Commissioner Daniel Fragoso built a committee of students that will reward students with ICC scholarships worth up to \$250 and possibly more.

Fragoso spoke about what the committee will be doing.

"It's a committee that's going to be reviewing applications for the students here at Cerritos College," he said.

"These students will be looking at applications, students who have been involved with the ICC and with student activities and who have shown a great amount leader in the school," he said. Fragoso mentioned that the amount of money involved is up for discussion.



Major job selections in majors: Counselor Traci Ukita lectures students who attended the workshop about jobs related to their major. The focus of the workshop showed students websites that will help them make career decisions in the near future.

Jobs are main focus in workshop

JOHN GONZALEZ Assistant Opinion Editor john.gonzalez@talonmarks.com

Nursing major Jayzel Torres entered the Career Exploration Resources Workshop with her mind set on being a nurse.

By the time the workshop was over, she was exposed to new possibilities in the medical field, even becoming a doctor.

Torres was among one of the 10 students that attended the workshop on Monday which gave students information concerning jobs that correspond with their major.

Career Counselor Traci Ukita held the workshop in hopes of getting students to see that there are many jobs that can be acquired through the major students choose other than the just the title of the major.

Ukita said, "I'm just hoping that they realize that there is a wealth of information about careers."

She went on to say, "It also serves to help them see the importance of gathering information about careers so they can make some career said. decisions."

Students were shown different websites and resources that showed them different careers that are linked to a single major.

Torres commented on the workshop, "This workshop showed me to look more into other jobs in the medical field other than just nursing, say maybe I want to be a doctor or something related."

Students were given sign-up sheets for websites that gave them these resources and information on other websites that could help expand their knowledge on jobs that require their major.

The workshop was not only for students who had declared majors, undecided students were welcome to come and learn more about certain sites that could show them jobs that could possibly help them choose their major in the near future.

"This workshop helped a lot because it provided me with plenty of workshops that really break things down and make things very understandable" undecided major Manuel Sanchez, Although no more than 10 students arrived to the workshop, Ukita strongly encourages more

to the workshop, Ukita strongly encourages more students to come whether they have a major or are unsure about what they might want to do.

"I think our struggle with this workshop has always been people not knowing that they can use this information to their advantage, or that they might need it later on.

"This is something that people wont really think about until they actually feel pressed into making a decision, and by then it might be too late," said Ukita.

Students who attended this workshop also agree that it provides valuable information that can make choosing a career and even a major much easier.

Students can also look into workshops concerning their major such as the Choosing a Major Workshop which will be held Thursday in the Social Science Building, room 140 at 3 p.m.

Budget cuts:

Budget cuts will be main subject in forum

Continued from Page 1:

do we keep everybody working and how do we serve our students."

The guidelines show that if classes are reduced, the deans of each division would have to consider certain requests such as protecting major requirements, certificate requirements, and classes that are taught every other year.

The Health Occupations and Technology Divisions have both made very drastic cuts to the point where if they cut any more from their programs, they'll lose their accreditation requirements and major altogether.

A campus-wide budget cut forum will be held on March 29 in the Teleconference Center.

The forum will be for the entire campus to have the opportunity to listen to the options of what can be cut from programs for the 2012 fall semester.

Student Integrity Act: New bill passed

Continued from Page 1:

"I think it's better the way that it is now because people have to make a choice, it is not only up to one person."

Undecided major Herberth Ruiz also feels that this new bill is the way to go regarding the selection of the awards committee.

"It's not fair that one or two people get to pick who is selected," he said.

According to Ramirez, Zuniga will have the corrections amended by March 21.

The amended changes will then be brought before senate so that it can vote on the changes.

The changes do not affect the state of the bill being law.

Faculty excited about HOF

• Edward Bloomfield will receive the Distinguished Faculty Award and GST INC will receive the Distinguished Faculty award.

Campus filled with smiles during day one

The committee currently has scholarships of \$150 each and an Outstanding Student Scholarship worth \$250 each.

We're thinking of raising the scholarship money if it's possible," he said.

The winners of the scholarships will be awarded at the end of the semester during the Awards Banquet.

Campus to host tours for high school students JUAN LOPEZ Staff Writer juan.lopez@talonmarks.com

Daniel Fragoso, ICC Commissioner, is looking for students to volunteer at Senior Preview Day on April 27 from 8:30 a.m. to 1 pm.

The event is for high school seniors from local high schools.

"We are looking for volunteers, we need at least 100 volunteers for this event, because over a thousand students are going to be coming here so we do need volunteers mainly on leading tours.

They will have a welcome rally, the tour, a presentation, a booth and live music for the seniors. On Apr. 12, Cerritos College will be hosting its inaugural Hall of Fame Dinner and Awards at the Cerritos Sheraton.

MARIO JIMENEZ

Staff Writer

mario.jimenez@talonmarks.com

According to the Executive Director of the Cerritos College Foundation Steve Richardson the Dinner and Awards Ceremony is dedicated to recognizing the award recipients and their accomplishments.

Richardson said, "The Hall of Fame event is an event that is going to honor seven distinguished categories of award recipients."

He then said that the seven categories being honored are Distinguished Female Athlete, Distinguished Male Athlete, Distinguished Coach, Distinguished Alumnus, Distinguished Classified/Confidential Employee, Distinguished Faculty Member and a Distinguished Corporate Partner.

The list of honorees include:

• Yale Softball Head Coach Barbara Reinalda as the recipient of the Distinguished Female Athlete Award,

• Former Minnesota Vikings eight-time Pro Bowl offensive tackle Ron Yary, being awarded the Distinguished Male Athlete Award,

• Former Cerritos College Baseball Coach Wally Kincaid will receive the Distinguished Coach Award.

• Gerald Roodzant will receive the Distinguished Alumnus award,

• John Gallant will receive the Classified/Confidential Faculty Member award,

Richardson then said that they're expecting 250 people to attend the Dinner and Awards Ceremony.

Richardson talks about what to expect "It'll be an evening that will have a dinner, there will be videos on each of the award recipients and a nice presentation program."

Secretary of the Foundation Office Janice Cole talks about the event "Well, it recognizes outstanding athletes and faculty and classified staff and alumni, corporate partners, people who have made an impact on the college throughout the years."

Cole then said that Cerritos College president Lacy felt it was time that the school start recognizing people who've had a contribution to Cerritos College.

Psychology Major Alejandra Hernandez said, "I think it's a good idea."

Hernandez then said that she feels there should be more recipients of more awards due to how long the school has been around.

Hernandez continued, "I think it's a good thing to start with since it's the first time they're going to do it, but I think there's more people out there that attended Cerritos College but should be honored and represent Cerritos College."

Hernandez concluded and said that she is hopeful she hears about this event next year.

of "Hoe Down Days"



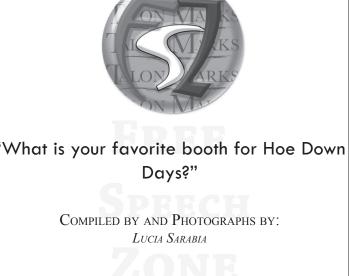
WILMER VARGAS/TN

Party's here: Talent, Mary Lee Lackey engages in banter with a student, "The One Woman Party" is one of many fun filled attractions enjoyed by Cerritos students doing the first "Hoe Down Days" of the semester. The "Hoe Down Days" is an annual event every Spring in the middle of the semester.

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Sothy Sok business economics major

"[My favorite is the] basketball booth I think. I like basketball so I just chose [the] basketball booth"

GREG GUIER accounting majo

"Anime Club's booth, the frogger. That's the only one I haven't beaten. You basically take a mallet and you hit a button and you fling a frog





"Probably the Spice Club's booth it has the balls that you throw.



Social network inactivism

In today's age of technology, people have access to the world at the palm of their hands, not only giving them information but a voice to be heard world-wide with the click of a button.

However, new media outlets and technology such as social media sites are creating "computer activists," uneducated people who feel like all they have to do is share a video and they've made a significant contribution to a cause.

Sharing a viral video is just the start, it can't end there.

Donate money, join a protest, make Kony a celebrity, Cover the Night, join the conversation, make the government listen to the masses and

all decided to stand together.

With news coming in as it happens, people tend to see more and want to take action as they are swept up by a whole new movement.

A recent movement to hit the before. masses is the Kony 2012 video.

Contrary to popular belief, the Kony 2012 movement has less to do with the subject matter and more to do with its message - get involved.

But is sharing and liking the video just a bunch of talk to make people look concerned about trending topics like the occupy movement or ending child prostitution, or is it the real deal? Are people willing to go the whole

about certain issues?

With social networking websites such as Twitter and Facebook, certain topics spread like wildfire and have friends sharing things faster than ever

This generation is one made of technology and fast moving media with ways to contact people all over the world in seconds, also making it part of computer activism.

Activism in the 1960s wasn't to sit around and hope for the best to happen. People actually went out and held signs saying "Free Tibet" or "End the war in Vietnam."

With new technology, people are

make something happen because we nine yards to get something done becoming too lazy to go out and do something about it.

> If technology were to be incorporated with going out and doing something, things would get accomplished.

> A great example of technology and activism working hand at hand is the Arab spring where citizens in countries such as Egypt, Libya and Yemen and throughout the Middle East and Northern Africa were brought together by social networking sites and led to protests and uprisings.

We have a chance to shape history, to actually stand up and make the government listen to we the people.

Free food for good use

TANIA OLIVAS Staff Writer tania.olivas@talonmarks.com

Providing food for students in need is a great thing, but to not corroborate you can afford food.

This help was funded strictly for students strug-

> gling. spending your money on eat-

It is completely unacceptable to grab this aid if you're ing out, because that means

JUANITA REYES broadcasting major

"I like the dunk tank and the DJ."

Returning Student PATRICK DOLLY

Online Editor online@talonmarks.com

Life of a

It seems at times as if profes-

ing feeling like the professors are not understanding to the needs that I have in class.

Not that I expect any special treatment, but it would be awesome to have a sense of security in knowing that I can make mistakes without feeling as if I am a burden.



sors are not as understanding to the struggles of returning students as they are to the struggles of students to the college system.

It's hard to keep up sometimes. It's not difficult to ask questions, and it is not difficult to honestly admit that I don't understand some of the things that the professors are teaching.

The problem is that it is very easy to feel out of touch with reality.

The last thing that I want is to look as if I am not capable of keeping up with the rest of the class, but I sometimes find myself wondering if the collegiate curriculum was created with any consideration for the older students.

Take math for example. It has been years since the majority of mathematic equations have been at the forefront of my mind, so it is so much more difficult to retain the information.

It is embarrassing being 15 years older than most of my classmates and even more embarrass-

I am sure that my professors don't view me that way, but it is a concern at times.

It goes back to that fast-paced environment that seems ever so present in class.

As returning students, we desire to be on an equal playing field as our classmates, but maybe the time that we have been away from school hinders that reality.

Is it a bad thing if someone is returning to school and needs a bit of extra attention?

It is possible that in the time since we were last in school that school related subjects have changed.

It is possible that methods of teaching have changed. It is possible that technology has changed.

The experience in general is an amazing one, but there are times when it seems extremely overwhelming.

Did one of us write something that ground your gears? Do you want to congratulate

us on the great job we're doing? Whatever the case may be, we would love to hear

from you, our readers. Send a LETTER to the EDITOR. We accept electronic mail at editor@talonmarks.com and boring regular mail at our office in FA-42. If you want your letter or e-mail to be printed, you must proudly sign it with your real name. Letters in poor taste will not be printed. This means we don't want any hate speech or

conspiracy theories (unless they're hilarious). We only edit your letters for length to print them, but they appear in full online.

If the subject of your letter is campus-related, then it will be given priority.

if the help is really needed, is a mistake.

Free food is being given to Cerritos College's students who can't afford it, although the food only lasts about a week, still there are no requirements to get the aid.

But to get the help is extremely easy, all a student needs to do is walk up to the Student Health Services building and say they can't afford food.

When there is an easy opportunity to take advantage of a privilege, some students might try to save a couple of bucks.

This leaves students who truly need the help without resources.

Student Health Services provides food temporarily, but the goal is to help the students to continue getting food.

Most importantly, it teaches you how to shop for healthy food for cheap.

Adjusting to a healthy and economic way of eating is key to student success.

If help is available, do not abuse the system. Other people don't have the same benefits as others.

Don't use the food that other students need.

This is totally unfair for those who cannot get their hands on a meal.

Hazel Ng, Registered Dietitian at the Student Health Services, explained how students usually think they are saving money by buying fast food; in reality they're not.

Students over-spend even if they are buying from the value menu.

Buying and preparing the correct type and amount of food, actually saves you money, Ng said.

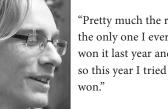
The Food Bank is small, and if people who don't need the help start asking for it, food shortage will take a toll on students in need.

Nancy Montgomery shared how there has been a student who only has had an apple a day; those are students who should receive the help. Students who are not nearly reaching their daily calories.

It's immoral to leave someone without food; we need food for our body to function accordantly, and also to be able to focus in school.

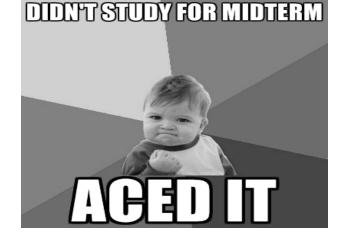
Wanting to save a couple of dollars at the expense of someone's hunger is not right.

TIMOTHY MCKINNEY art major



"Pretty much the ring toss. It's the only one I ever win at. I won it last year and got a prize so this year I tried it again and

TALON MARKS MEME CORNER



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ROSAURA MONTES/TM Writing on stall: A conversation is written on a stall in the girls restroom located in the Fine Arts Building. This is an example of vandalism being written on the restrooms on campus

Students find problem with graffiti

TANIA OLIVAS Staff Writer tania.olivas@talonmarks.com

The problem with graffiti written in the restrooms on campus are a concern to students.

Students feel that the messages are vulgar, resulting as a failed attempt from artists to pass on positive messages.

English major James Mitchell thinks the drawings in the men's restrooms are degrading to women. He said, "A lot of the artwork is

very lewd." "It makes the restrooms look unattractive."

Although some students claim that the art can be offensive, other

ed by it.

Instead, they wonder what the motivation is behind the people who write and draw on A lot of the artwork is the restroom stalls. lewd.

Kinesiology major Breanna Ponce explained her lack -JAMES MITCHELL of interest. English major

"I don't think it's necessary to be writing their issues, because we don't really care."

She said, "People have paid to paint those stalls and now it's permanent."

Due to the graffiti in the restrooms around campus, janitors are having to repaint the walls and stalls of the affected areas.

Ponce also expressed her feel-

students are not negatively impact- ings about how she feels about the artwork in the restrooms.

She said, "To share art doesn't mean you have to vandalize. If they write or draw something on a piece of very paper, then that is not a problem."

Wanting to share a piece of mind is accept-=99 able, she continued to say, "A paper taped to the wall will still pass on your message."

Mitchell said, "[I believe] students who write on the restrooms' walls like to mask themselves."

He compared the sharing of the pictures and quotes in the restrooms to Facebook by saying, "People like to hide, and attack behind their computer screens."



ENRIQUE RIVERA/TM Steps of rhythm: Dance students in FA-55 practicing a modern dance piece for the Spring 2012 Dance Concert. Various

dance pieces such as ballet, modern, commercial and world fusion will be performed at the event.

Spring Dance Concert soon to take plance at Burnight Center

Alexa Bazua Assistant Arts Editor alexa.bazua@talonmarks.com

From ballet to world fusion,

dance students will be perform-

ing at the spring dance concert on

March 22 to March 24 at the Bur-

being sold for \$15 and \$12 for stu-

dents, children and senior citizens.

Robert Felix said this semester's

performers show a "really good,

General admission tickets are

Dance Choreography major

night Center Theatre.

energetic, positive attitude." He also mentioned that they show dedication during rehearsals.

The dance concerts are known to sell out quickly, due to being many of the participants' first time in a dance performance with their family members come to watch and support, according to Felix.

There will be around 15 dance pieces featured in this semester's concert, and none will be student choreography as opposed to previous semesters.

Guest performers will include

the Ken Dance Company, the CSULB Salsa Dance Team and CC Repertory Dance Ensemble.

Felix says loss of family will be the theme of one of the dance pieces.

Business major Victoria Jacobso explained her favorite part of being in the concert,

"I just like performing and being with everyone," she said.

The concert will start at 8 p.m. March 22 and 23. There will be two shows on March 24, one at 2:30 p.m. and 8 p.m.

Clarification on a previous story

ROSAURA MONTES Arts Editor arts@talonmarks.com

In a photo cutline published in the March 7 issue, titled, "Theater

Department hosts Burnies Award Show at Studio Theatre," the name of undecided major Emmanuel Plascencia was written as the student pictured and that he was awarded \$250 for the Kevin Hog-

gard Scholarship.

The correct statement for the cutline is the student's name is undecided major Dario Estrella and was awarded \$500 for the Kevin Hoggard Scholarship.

Women's History Month 2012 celebrates the woman behind HeLa cells: Henrietta Lacks. Book is available in the campus bookstore

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The Immortal Life of **HEnrietta LAcks**

"The reason Henrietta's cells were so precious was because they allowed scientists to perform experiments that would have been impossible with a living human."

2012 Women's History Calendar of Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
5	6 DISCUSSION 1 "Immortal Life of Henrietta Lacks" Theme: Discrimination in Medicine 11:00 - 12:15 p.m. LC 155	7 FILM SERIES 1 "Bread and Roses" 2:00 - 4:00 p.m. S 202	8 HONORS ECON; The "Economics of the Biotech Industry" 11-12:30 p.m. LC 155	9
12 The Science of the He-La Cells" Dr. Henderson & Dr. Navarro 4:30 - 5:30 p.m. LC 155 "The Real Sexual Revolution" George Jarret 12:30 - 2:00 p.m. LC 155	13 DISCUSSION 2 "The Immortal Life of Henrietta Lacks" Theme: Economics 5:30 – 6:30 p.m. BDRM	14 "Women at Manzanar" Stella Yano 2:00 - 3:30 p.m. LC 155	15	16 Essay Contest Deadline 5 p.m.
19	20 DISCUSSION 3 "The Immortal Life of Henrietta Lacks" Theme: Medical Ethics 11:00 – 12:15 p.m. LC 155	21 FILM SERIES 2 "Women War & Peace" 2:00 – 4:00 p.m. LC 155 "Peace over Violence" 6-7:15 p.m. LC 155	22 "Medical Apartied" J. Troupe 11:00 – 12:30 p.m. S 202 "Women in Islam" Marya Bangee 11:00 – 12:30pm BDRM	23
26 "GENDERED LEADERSHIP" M. LLEWELLYN 11:00-12:30 p.m. LC 155	27	28 FILM SERIES 3 "Women War & Peace II" 2:00 – 4:00 p.m. LC 155	27 "Feminism and the Ethics of Care" Thursday, March 27th 9:30 - 11:00 a.m. BDRM	IMMORTAL HENRIG

SPORTS - 5 Wednesday, March 14, 2012 • www.talonmarks.com

Baseball loses two in a row to LBCC

LAUREN GANDARA Sports Editor sports@talonmarks.com

Losing two games in a row against Long Beach City College, the Cerritos College baseball team lost its away game 1-5 on Saturday.

In the first two innings, neither of the teams were able to get any runs.

Outfielder Chris Esparza said, "I think we just put ourselves on a downhill. We didn't play as a team, we didn't have heart, and we pretty much gave up."

Esparza had two strikeouts and three put-outs throughout the game.

In the third inning, LBCC scored two runs with three hits and no errors

It was in the sixth inning that the Falcons infielder Zach Johnson scored the only run that the team would score throughout the entire game.

LBCC scored two runs that inning and one more in the eighth, confirming its win.

Falcons pitcher Jake Bell said the previous game was probably the worst game it played in the series.

Cerritos had played LBCC in the previous game as well, losing 1-3.

Bell said that the team had improved on what it lacked in the first game.

"We were actually able to get bunts down in key situations and move runners over into scoring position. We just couldn't execute to get them home," he said.

Infielder Joshua Ancona said, "I think our key player was our starting pitcher [Jonathan Villapondo] because he started off strong and

kept us in the game."

With two hits, one RBI, and nine put-outs in the game, Ancona said that as far as improvement is concerned, he wants to be able to come up with a clutch hit.

Cerritos currently has a record of 3-12 in the season.

With a four in a row losing streak, Bell said, "We just can't put together a good game of baseball yet."

He added that with the record Cerritos currently has, when it comes to motivating the team, Head Coach Ken Gaylord has stepped back and is trying to let the team figure out what's going on so that it can improve on its own.

The Falcons' next game will be away against El Camino College Compton Center on Thursday at 2 p.m.

This will be Cerritos' first game against ECC Compton this season.



interview with Cerritos pitcher Jake Bell

http://bit.ly/zoHnYU

Men's and women's track place in the top 15 at the



MICHAEL WESTERFIELD/TM Leaping for the goal: Cerritos College women's track and field pole vaulter Jennifer Marroquin makes her approach to the pit as she trains for the season. In high school, Marroquin was involved in track and field, spent a season on the wrestling team and was also involved in soccer and gymnastics.

Pole vaulters breaking records

MICHAEL WESTERFIELD

Stiger said, "Eventually you get to the point For the last four years, women's pole vault-

Benny Brown Invitational

MIGUEL HERNANDEZ **Opinion Editor** opinion@talonmarks.com

Cerritos College men's and women's track and field teams participated in Cal State Fullerton's Ben Brown invitational this past weekend.

The invitational took place on Friday and Saturday.

A variety of schools participated in the invitational, including UCLA, Pepperdine, Cal State Los Angeles, USC, Cal State Fullerton, UC Irvine and several junior colleges.

The event attracted around 1,400 to 1,500 entries in the invitational.

Tracy Bowling, who came in 15th place in the 5,000 meters race, set a new school record. Her time of 17:47.33 beat the old standard of 18:18.86, which was set in 2006 by Meryl Follosco. Bowling was one of three community college runners that participated.

Destini Poplar, a hammer thrower and shot putter, participated in two events.

"I participated in hammer and shot put, but I did not make it to finals.

"I think overall, we did pretty well," she continued. "We had some good strengths and weaknesses. We could always improve from what we do. Personally, I think I can improve in my shot put by working on my technique."

As a team, the Falcons fared well and will now host the California Relays on Wednesday and Thursday.

Miguel Villacan, a javelin thrower, discus thrower and shot putter, wasn't able to attend the invitational, but gave his thoughts on the teams' performances.

"I think they did pretty well," he said.

"We have a strong team and everyday we are working hard to get better as well as support each other to improve our form."

Carissa English, a hammer and discus thrower, commented on her performance.

"I competed in the hammer and discus throw, but I did not place in finals for any of the events.

"Overall, we did pretty good. I need to focus on myself and on my team to improve.

"My goal is to get to state and to at least place in the top. Our next competition is this Friday at Cerritos," she said.

The men and women's track team will be participating in the California Relays at the Cerritos track on Wednesday at 10 a.m.





http://bit.ly/Au9ynO

Staff Writer michael.westerfield@talonmarks.com

Two women from the Cerritos College women's track team have the chance to break records this year in the male-dominated sport of pole vaulting.

It's a sport that combines the speed of sprinting with the full body strength and perfect technique necessary to fly up and over a 12-foot bar.

Cerritos pole vaulter Jennifer Marroquin said, "It's a full body sports event.

"It's very mental too but you have to do it without really thinking about it."

More so than most other track and field sports, pole vaulting engages all major muscle groups.

During the approach, a vaulter is running while using his upper body to control the pole and get a good plant.

During the swing up, the vaulter uses upper body and grip strength to ride the bend of the pole while using core muscles to lift the legs up and over the bar.

Cerritos College's other woman pole vaulter Mamie Stiger said, "You use every part of your body.

"You're attending to every detail in the process, doing every part of everything just right. Everything you do, it all goes into the vault."

The sport of pole vaulting focuses more on detailed execution of technique than many other field events.

A simplistic breakdown lists seven steps involved in each pole vault. More detailed studies list 30 or more factors that determine optimum success.

"It's just too much to think about," Marroquin said.

"If you focus on one part right it could mess everything else up. Coach breaks it down and we do drills to get each part down as muscle memory. Then when we vault, its natural, it flows.

"We do it over and over to know what each part feels like when we do it right," Marroquin explained.

"Our body commits it to muscle memory so when we put it all together we know this is the way it's supposed to be."

where you really just do it kind of naturally. "You don't think about it."

The mental aspects of pole vaulting is what

separates the ancient sport from others, according to coach Nicholas Armstrong.

"It's a real mental challenge. It's a test of your mental fortitude as an athlete and as a person," Armstrong said.

"You're asking the question, can you do this? Do you have strong enough confidence that it will work for you."

A lot of people don't ever try it, according to Armstrong.

"A lot of people just cant believe they are going to run toward a box with a pole in their hand and that it's going to work.

"In pole vaulting you have to know I'm going to run down this runway. I'm going to stick this pole in the box," Armstrong said.

"It's going to bend for me and it's going to throw me over this bar.

Marroquin said, "If you have a good plant, and as long as you trust the pole, you should land in the pit. Just never let go of the pole."

Coming from a soccer and gymnastics background, she tried pole vaulting for the first time out of curiosity.

"I was working out one day and just tried it. It was fun, I wanted to do it more. It seems kind of weird at first."

Stiger said, "It is weird. You're going to feel silly at first. It's awkward. It feels wrong. You're going to feel stupid, but it's fun. Pole vaulters are a different breed."

Stiger, who had success in high school pole vaulting, first tried pole vaulting for a friend.

"Like one day you say, I'm going to do that! Yea right," Stiger laughed. "Then I came back to it and I don't know why but I stuck to it and it stuck to me."

The sport is gaining in popularity throughout the world. Pole vaulting became an Olympic sport in 1896, but only for men.

It wasn't part of the women's Olympic competition until 2000.

"Olympics is like a crazy dream," Stiger said.

"I want to see if I could compete at that level. Of course I would go for any Olympic opportunity it would be amazing. It's the Olympics. But I have to get there first."

ing has been dominated by Yelena Isinbayeva, of Russia.

The current outdoor world record is 5.06 meters (16 ft. 7 in).

Isinbayeva just set a new indoor record of 5.01 meters (16 ft. 5 in) on Feb. 23.

"Isinbayeva, even though she's currently the world record holder, is constantly trying to beat her self," Marroquin said.

"She's constantly, 'keep doing my best, keep doing my best.' That's why she's constantly breaking the world record.

"Her warm ups are pretty much our work outs. Like when you see her warm up you'll see her walking down the runway doing handstands for a while. I have to be able to last through her warm ups and then, see if I can last through her work out."

Stiger and Marroquin are hoping to break another record. First is the California state record. Karen Guravska, formerly of Cerritos College, has held the California state women's pole vault record of 12 feet and 4 inches for almost four years.

"My own goal is actually breaking the school record," said Stiger.

"I want to get as close as I can and then when I do, get as far away as possible even higher."

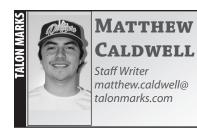
Both Cerritos women vaulters are in the running to break that mark this year before they transfer. They are breaking personal records along the way.

"When I do it, wow! I cant believe that just happened," said Stiger. "It's incredible to get ahead of your own personal best. At least in the falling part, it's just a woosh of excitement. You really just want to scream, it's pretty crazy. I'm speechless, like I can't articulate putting out all of my happiness."

Armstrong said, "The toughest part of being a coach sometimes is trying to get my point across to the ladies and communicate at a level they can understand. It's not like other sports. With the pole vault it's a physical strengthening and also a strong mental strengthening.

"It's not like running," Armstrong continued, "Everybody can lace some spikes up. You may be fast or slow. But not everyone has the courage and the heart to pole vault."

Student athletes still need to register first



Athletes should get first pick on classes each semester.

Athletes are the ones who put out a name for our colleges, if a school has poor sports teams, chances are that not many students will attend that school and that affects a lot of boundaries for the school.

If a school has a good sports program then students will be attracted to attend that school and even attend the games.

Athletes make their schools prosper.

Athletes are pretty much the face of a college, for instance we know USC has a wonderful academic program but primarily people know USC for its sports teams.

Kids dream of going to USC and playing for that team and the possiblity to play in a National Championship.

Each school is going to do what it can to enhance the way it's looked at and to attract as many students as the school can.

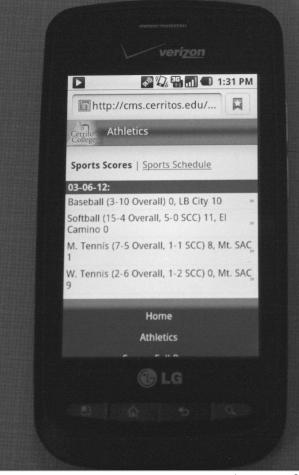
Colleges like to favor the athletes more than the average student.

You've probably heard recently about all these big name schools getting in trouble for giving its star players extra benefits and gifts.

Colleges are willing to take the risk of pampering a pro-caliber star in order to attract students and fans to the school and the games.

Its when athletes start dropping classes, not attending, or not giving 110 percent effort in order to pass the class.

That's where the line should been drawn with priority registra-



ALEXANDRA SCOVILLE/TM Going mobile: Above is a picture of Cerritos College sports scores. Moblie users can now access scores on a smartphone.

Sports scores on your smart phone

LUIS GUZMAN Staff Writter

luis.guzman@talonmarks.com

The Cerritos College Athletic News team is developing a new mobile app that will work for both the iPhone and Android phones.

The app will include sports scores and a weekly schedule for students who are interested in any particular sports team at Cerritos.

Program Assistant Samuel Chavez talked about why students should get the app.

"It's convenient for students who are on the road or just want to know how their school did in games."

The actual app is not available yet.

The team has already developed a mobile link so that students can click on a link and bookmark it to their mobile internet.

Students can check every day for new scores for the games their school has played.

Kinesiology major Donjames Sasa said that he thinks the link will help out with school spirit because students could find out how the school's athletic program is doing.

"I think that the app will help get attendance up because it will make students go watch Cerritos' games when it's winning," Sasa said. Chavez talked about why stu-

dents should get the app.

"The app is important because it gives students information right away from their finger tips."

The app will be posted in the Cerritos College Athletic News once it is developed.

Visit the website http://cms.cerritos.edu/athletics/home-m.htmto bookmark the link



Celebration: The Cerritos womens softball team celebrates after a home run. The game against ECC Compton College on Thursday ended when the referees called the game on a mercy ruling.

Mercy rule leads to softball win in bottom of the fourth

MARTIN CALDERON Assistant Sports Editor martin.calderon@talonmarks.com

The Cerritos College softball team defeated ECC Compton Center 15-2, in four and a half innings of play on Thursday.

Lauren Castrellon picked up her first win of the season against Compton Center after not pitching for the Falcons in two years.

Jackie Flores and Briana Quintana added several homeruns to total 16 hits by Cerritos College, meanwhile Crystle Casarez was the starting pitcher for the Falcons.

Casarez talked about how she prepares differently when knowing she is going to start, saying "My mentality changes, mentally I have to get ready and pitch, I've got to go in there thinking every pitch has to be a strike."

ECC Compton Center began the game with a scoreless first inning. The Falcons started off the bottom half of the first inning with Alexxa Sanabria, who reached first base on an error by Compton Center followed by a single from center fielder Shelby Blair.

Batting third in the same inning, Quintana hit a three run homerun to center field giving the Falcons a three run lead.

The high scoring inning started with a double by Sanabria and ended with RBIs from Blair, Quintana, Castrellon, Krista Mele and an unearned run by Andrea Arellano who scored on a wild pitch.

In the third inning the Falcons replaced Casarez with Castrellon She started the inning with a walk, but managed to face only four batters because of a double play by Sanabria and a groundout to end the inning.

Castrellon worked out with her father the previous day after receiving word that she might pitch. Her father describes the workout, "We worked out for about 45 minutes. We worked on her fastballs, change-ups and her rhythm again getting back into shape."

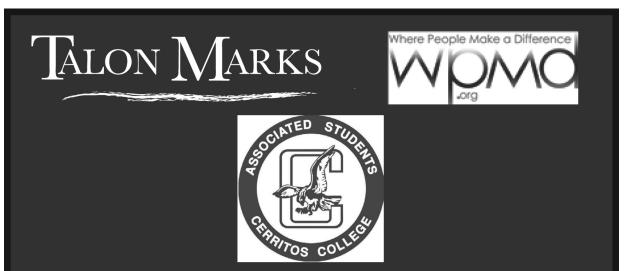
Flores hit a homerun over the wall in left field to stretch the lead to 12-2.

The only runs for Compton Center came in the fourth inning with a RBI single hit by pitcher Kimmie Meredith and an unearned run from catcher Alex De La Cruz.

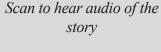
The two runs scored by Compton Center weren't enough to cut the lead because the Falcons Jackie Flores hit another homerun in the bottom of the fourth inning.

Coach Nicole Deel mentioned why Flores is capable of hitting home runs, "She's got unbelievable power, when she connects, the ball flies."

The Falcons defense stopped Compton Center from scoring in the fifth inning allowing umpires to enforce a mercy rule that ended the game.









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