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CERRITOS COLLEGE

TALON MARKS



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Grimaldo wins elections while mother passes

TIFFINI THIGPEN

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Felipe Grimaldo won the election for president of the Associated Students of Cerritos College and student trustee Friday, the same day his mother unexpectedly passed away.

Grimaldo won with 377 votes while candidates Marco Tolento had 220 votes and David Aguirre had 117 of the votes.

He will be sworn into office on May 5.

Grimaldo, who is a political science and arts major, also serves as president of the Veterans Club.

"He deserves it because he's amazing and he gives a lot in his club so I'm sure he's going to give a lot to the school," said child development major Juanita Reyes, "not only is he compassionate, but he gives it all he's got."

Ensuring campus policies and that the legislative offices operate properly, enforcing laws, and representing the interest of Cerritos College students are among some

of the responsibilities and duties of the president of the ASCC.

Grimaldo's campaign slogan, "We make no promises, just actions," focuses on his primary goal, improving security on campus, but his action to humanizing campus security may not be such a trouble-free assignment.

"Some challenges he'll face is the budget crisis and security for the school, other than that I think he'll be able to manage everything else," current president of the ASCC Oscar Franco stated.

English major Julian Del Real-Calleros stated, "It's pretty awesome for the students because he's done a great job as vice president and as student trustee and he'll do the same kind of work as president of the ASCC."

"He's pretty devoted. If he has a task he won't stop till it's accomplished," he added.

Franco described Grimaldo as a leader, energetic, and passionate.

He added, "He's going to do a good job, and even through his situation with what happened to him this will motivate him."



STEVE KIM/TM
Trusted: Felipe Grimaldo is re-elected for student trustee and wins the ASCC presidency.

Gonzalez undergoes suspension

JOEY BERUMEN

News Editor

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Cerritos College women's soccer coach Ruben Gonzalez has been suspended from his job at Bishop Amat High School, after, according to Catholic Church officials, being under investigation for behaving inappropriately with a female student three years ago.

Bishop Amat President Monsignor Aidan Carroll sent a letter to parents March 30 in which he wrote that the Los Angeles Police Department was undergoing an investigation.

"As of now, there has not been an arrest, nor has a crime report been filed, however it is an ongoing inquiry," said LAPD Officer Sara Faden.

The LAPD began to look into the matter, when according to police, Child Family Services informed it late last month.

The alleged misconduct occurred at a different high school at least three years ago, authorities said.

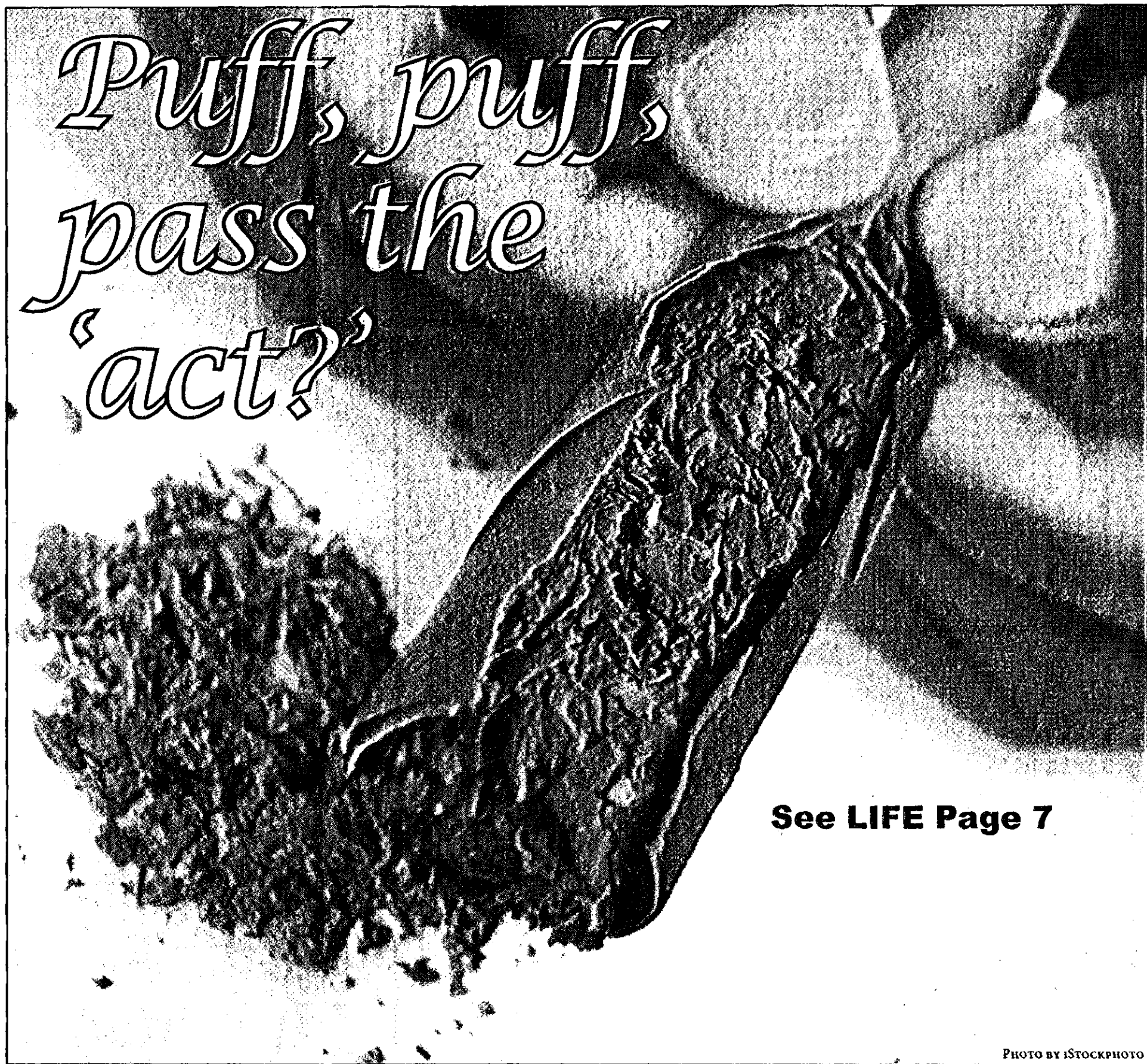
While authorities have not named the school where Gonzalez worked at the time of the allegation, his attorney said he previously coached soccer at Immaculate Heart School in Los Angeles.

"The priority for the Archdiocese is protecting (its) children," said Archdiocese spokeswoman Carolina Guevara, "while we work closely with law enforcement officials, the Archdiocese has investigators who are conducting a separate investigation."

Gonzalez said in a statement that he is aware of the "false allegation," however; he referred any further questions to his attorney.

Gonzalez, who has led the Cerritos women's soccer team to back-to-back state titles in 2007

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See LIFE Page 7

PHOTO BY ISTOCKPHOTO

Bookstore, Follett commence book rental program in fall



STEVE KIM/TM
For rent: Shipping and receiving coordinator Jesus Ramirez explains the new book rental program that will be available in the fall to journalism major Andrea Mora.

REBECA VEGA

Staff Writer

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In collaboration with Follett Higher Education Group, the Cerritos College Bookstore has announced it will launch a textbook rental program in the fall.

Robin E. Lee, the campus bookstore manager, sent out flyers to college faculty last week and is now working with Follett to finalize the contract students will sign when renting their books.

"I am very excited about the program, because I see it only helping students," Lee said.

With book rentals available next fall, Cerritos College will be one of Follett's 450 new partnering campuses to implement the Rent-A-Text pro-

gram.

Nursing student Sophanya Yeang looks forward to the flexibility offered by the rental program.

"Students would benefit from having options—more options allow people to adapt to what fits them," she said.

The program perks include up to 55% in savings by renting new and used textbooks, as well as the option to buy rented books before the end of the term for the remainder of the purchase price.

Students 18 years of age and older who wish to rent their books will need to sign a contract and leave a logged credit card on file to be charged in the event that books are not returned by the due date.

Minors who would like to rent their books can have an adult sign the user agreement, as long as the name of the person signing the contract matches the name on the credit card left on file.

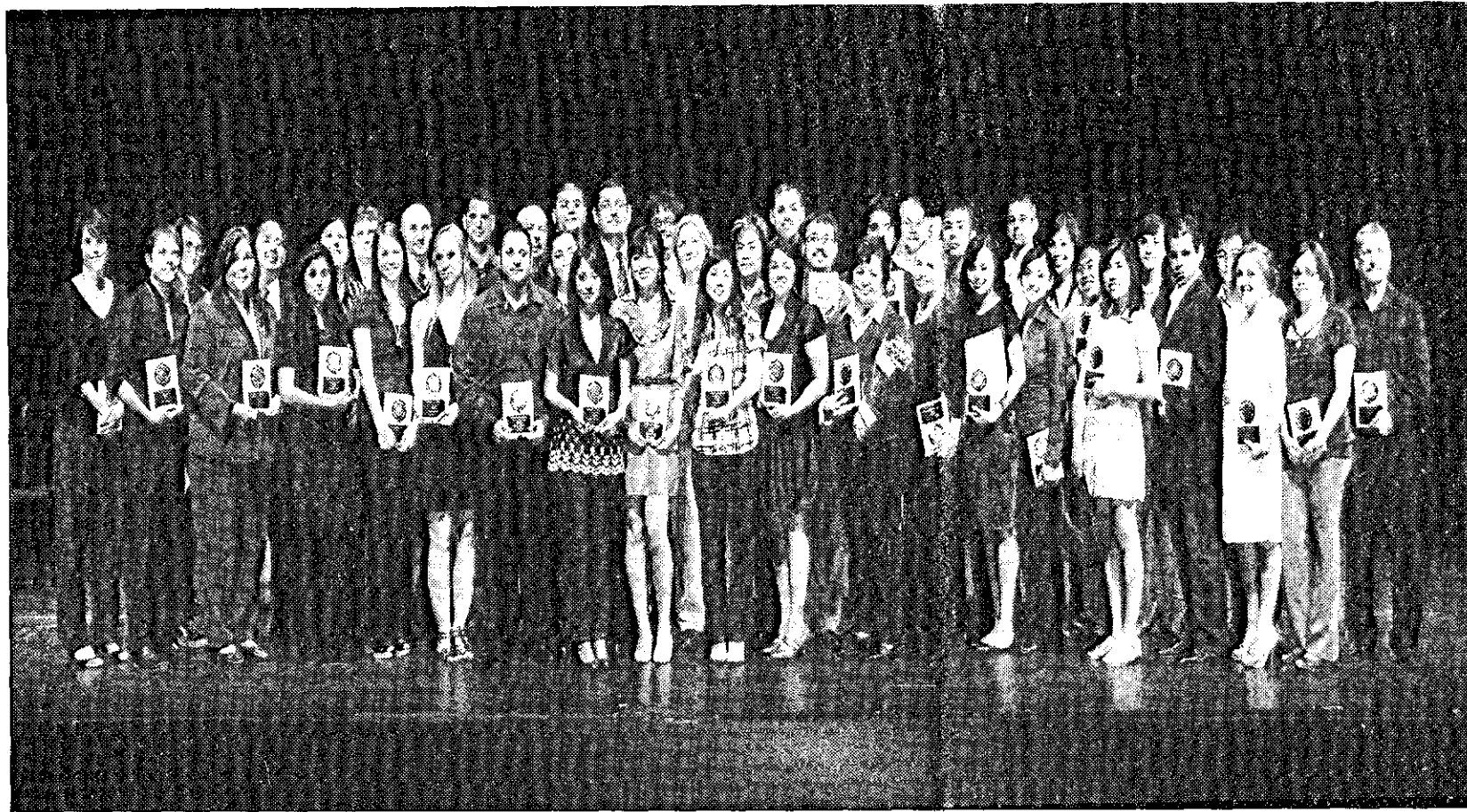
Falcon Cards, refund disbursement cards issued to students who receive financial aid, can also be used to pay rental fees and to leave on file.

Renters will also need to leave an e-mail address in order to receive reminders from the bookstore starting 10 days before books are due.

"Students will receive a ton of reminders," Lee assures.

If a book is not returned by the due date, the last day of final exams for any given semester, the

See BOOKS Page 3



Award winners: Faculty and family attend the Academic Excellence Awards ceremony where students were recognized for being the "brightest in their majors."

PHOTO COURTESY OF PUBLIC AFFAIRS

Academic excellence crowned

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The Cerritos College Foundation recognized the hard work of 17 students by awarding them a total of \$7,850 in scholarships at the Academic Excellence Awards ceremony last month.

The Web site for the Academic Excellence Awards Annual Program describes award recipients as "the brightest and most talented students in their major areas."

Students chosen for the awards must complete nine units in the area of recognition with a minimum 3.5 GPA, and must also complete at least 30 units at Cerritos College while maintaining a 3.5 overall GPA or higher.

Recipients must be enrolled in at least two units during the fall semester and are recommended by a faculty member in the area of recognition.

To Kosal Sieng, mechanical engineering major, the Gloria Welch Mathematics Scholarship means much more than a dollar amount.

"This award has made me believe that I will be able to overcome my obstacles and achieve my goals," Sieng said.

The Cambodian native has lived and studied in the United States for three years.

Neither of his parents attained higher than an elementary school education, but both have given Sieng the support to push for an education in a foreign country.

"They have encouraged me to study hard and bring honor to my family and myself."

While Sieng says that mastering the English language is an obstacle he is working to overcome, a greater challenge has been finding a way to finance his education as an international student.

"The amount of money I spend here is almost the amount I would spend for ten years in tuition

fees in Cambodia."

He is thankful to the Cerritos College Foundation for providing him the means to pay a portion of his tuition at either UC Berkeley or UCLA, whichever school better suits his interest in machinery and large engines.

Sieng considers the Academic Excellence Award Annual Program "a big key to motivate and guide students to study hard and have more confidence in their academic careers."

President/Superintendent Dr. Linda L. Lacy is grateful that this year's scholarship awards were successful despite the community's economic hardships.

"It has been difficult during the economic downturn to increase contributions, however, Cerritos has maintained its scholarship awards through the diligent work of the Foundation," Lacy said.

According to Lacy, "All winners should be congratulated for their dedication."

Employers prep Cerritos' students

Employers from several companies aid students in their job hunt.

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Cerritos College welcomed an employers panel on Tuesday afternoon in the Teleconference Center to prepare students for the work force.

Student Placement Specialist Christina The said that this was the first time that this event has been held, but so far there have been no future plans made to hold the event again.

The Employers Panel event was open to all Cerritos College students and it was also made available to the public.

"It will prepare students on how to put together a resumé for those that don't know how to," physical education major Sergio Esparza said.

"It will teach students how to give a good first impression and for those that were rejected, it will teach them how to recognize what they did wrong and how to improve."

Students Omar Anderson, Ben Basuni, and Julian Revilla collaborated with The and The California Placement Association to provide students with this free event.

"The purpose is for students to be more aware of what they have to do as far as applying for jobs, looking for jobs, and also to avoid disappointment for students," The said.

Representatives from Anaheim Hilton Hotel, Kaiser Permanente, Wal-Mart, and Wells Fargo Bank shared information to help students better prepare themselves for job interviews, gain confidence in job searching skills, and obtain internship information.

Each representative spoke for five to seven minutes about his or her company and a question-and-answer session took place at the end of the entire presentation.

Jezell Suarez, criminal justice major, said, "It's a good idea because college students think they know how to conduct themselves during an interview, but they don't know how to and this will help them out during an interview."

Casual attire was allowed for the event, but The mentioned, "If you're looking for a job come professionally dressed. At the end of the event, approach an employer and ask him or her about employment opportunities as well as a business card."

Students in attendance were allowed to hand out resumé to employers, but a resumé was not a requirement for the event.

Gonzalez: Coach flagged for alleged off-field misbehavior



COURTESY OF INSIDESOCAL.COM
Investigation: Women's soccer coach Ruben Gonzalez has been suspended for being investigated for alleged misbehavior at a previous school. Charges have yet to be filed.

Continued from Page 1:
and 2008 coaches a number of other teams including: The Whittier Soccer Club, Cerritos United Soccer Club, The San Gabriel Valley Flyers girls under-17 and boys under-15.

Gonzalez's attorney, Tomas Requejo, said in a statement, "We are talking about a guy who has coached for more than 20 years without any problems. After the investigation is over I hope the detective, school and Archdiocese are as quick to restore my client's outstanding reputation as they were to announce the unsubstantiated allegation."

According to police, when Gonzalez was questioned he did not recognize the girl's name.

Cerritos College said

in a statement concerning Gonzalez, "Cerritos College will assist in a review of Mr. Gonzalez that is, or will be conducted by other organizations-if requested."

"The Human Resources Department managers will also monitor the situation to determine if the results of a review affect his part-time employment with the College. However, since the situation is a personal matter, the preponderance of information obtained in this matter will remain confidential."

Requejo said, "We want to quash whatever false allegations are out there."

Gonzalez has also coached at including Rio Hondo and CSULA.

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Tilson Chung
Electrical Engineering

California State University, Long Beach

Universities alter Econ transfer policy

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Starting in fall 2010, two new classes will be added for Economics and Business majors that plan on applying to Cal State Universities.

In the fall California State University of Long Beach and California State University of Fullerton will no longer accept the two core transferable economics classes without an intermediate algebra prerequisite, Math 80.

Diane Keenan, chair of Economics, stated, "the old prerequisite was Math 40, so it is jumping up there."

"It started with Cal State University of Long Beach making a request to community colleges that they will only accept Economics 201 and 202, which is

Principals of Macroeconomics and Principals of Microeconomics with and intermediate algebra prerequisite," Keenan said.

"Then, Cal State Fullerton indicated the same position since we send so many transferring students," she added.

A student looking into transferring to a Cal State University will need to register for the M section of Economics 201 and Economics 202 after meeting the Math 80 requirement.

Business majors will also be affected by the change because they need the two classes to transfer as well.

Keenan stated, "They are arguing that our students are not mathematically prepared enough for the level of math they have in the upper division."

The M sections will have more mathematical types of case studies that will have students apply more algebra which will help students when they get to the upper division.

"We have a sentence in the summer catalog to give

students a heads up that by the fall of 2010 the Cal State University system will require intermediate algebra as a prerequisite for Economics 201 and 202," she said.

The change in math prerequisite can potentially slow down some students.

"Let's say you don't have the math and you thought you were going to take your economics in the fall, it's going to slow you down," Keenan said.

*** According to the CCCC more Cerritos students transfer to CSULB and CSUF than any other university.**

Presentation at Cerritos shows the cost of war

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"How many of you know how many soldiers have died fighting in both the Afghanistan and Iraq war?" was the question that was asked during Wednesday's presentation about the cost of war.

The audience found itself at a loss.

The total number is roughly about 5,435 deaths not including the number of suicides that occur off base, according to Veterans for Peace.

Speaker Ann Wright, a retired U.S. military diplomat, spoke about the various costs of war, such as post traumatic stress, brain injury, suicide

and sexual assault.

One out of three women serving in the armed forces are harassed or have been a victim of rape.

Navy Seal Veteran and Veteran for Peace member Larry Alpert, said the number of rapes that occur in the military are the exact same numbers that occur in civilian life, but the difference is that when it occurs during civilian life it is within the span of a woman's life unlike the few years a woman spends in the military. So in context, the instance of rape dramatically jumps when it occurs in the military.

But women are not the only victims of rape. Apparently 11 percent of men serving in the military have succumbed to rape by fellow troops

or by higher ranked officers, as a way to show domination.

During the presentation, Wright showed the audience a documentary titled "Arlington West," which was filmed in Santa Monica.

The documentary showcased the damage that war brings to troops and to their families, by showing the injuries soldiers sustained while in combat and families struck with grief as they remember their fallen loved ones.

Jennifer Martinez, undecided major, was crying as she watched the film, "It reminded me of my brother who is overseas, we often worry about his safety," she said.

Filmmakers Peter Dudar and Sally Marr wanted to enlighten stu-

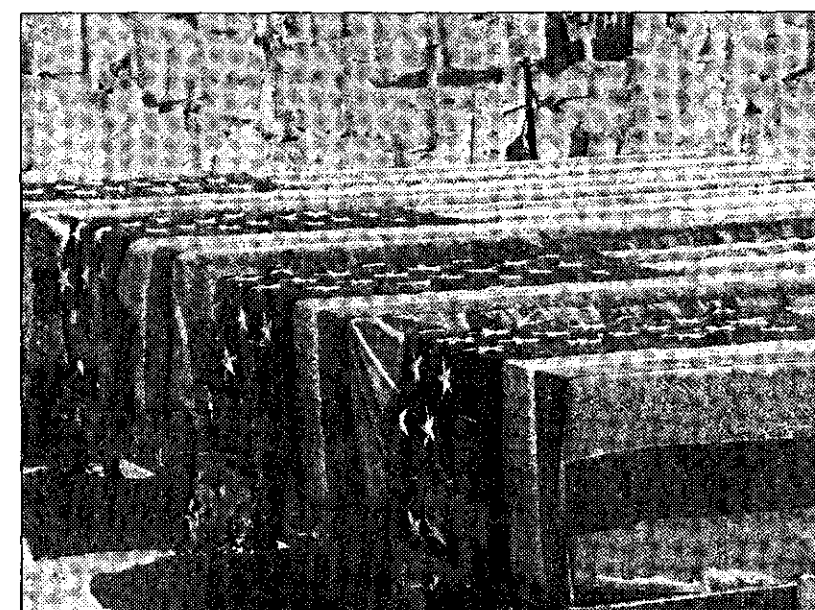
dents about how harmful war really is, not only physically but economically too. "California has now spent \$132.6 billion on war in Iraq and Afghanistan."

Nationalpriorities.org states that \$136.8 billion was appropriated by congress for both wars for the 2010 fiscal year; \$64.5 billion is being directed to Iraq and \$72.3 billion for Afghanistan.

Dudar and Marr's concern is that, "We're spending so much money to fund this war, when we're the ones suffering."

"In 2009, our state laid off 27,000 teachers, and this year, 23,000 more received pink slips."

How is war affecting our education system, and you as a student?"



Fallen heroes: The number of coffins represents the number of soldiers that have died that week as a result of war.

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Area high school students visit on Senior Preview Day

H.S. seniors take tours of Cerritos College to find out what the school has to offer

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Hundreds of high school seniors gathered at Cerritos College for the annual Senior Preview Day event, on April 23.

The event is organized yearly for local high school seniors, that are considering attending Cerritos College.

Shirley Arceo, Coordinator of School Relations, said, "20 local high schools were invited to Senior Preview Day."

"We had an amazing turnout this year, there were approximately 500 attendees this year."

The orientation provided information on the different classes, departments, and opportunities, Cerritos College campus offers.

Students were divided into

groups and sent to different locations to participate in the workshops organized to introduce the various departments.

Jenny Sandoval, undecided major, said, "As a volunteer today I helped lead a campus tour and lead the seniors to their workshops, where they were informed about all the programs and clubs Cerritos has to offer."

Departments such as the Mental Health Program, Speech, and Court Reporting informed the students of the career options each offered.

Christian Maldonado, Psychology instructor, said, "This is a great event to inform prospective students of the career options that are available for them."

"Wendell Hanks, Speech instructor, said, "We had 20 minute increments, it was fun to introduce some concepts that they can use."

"We want the students to have a positive impression of our school and hopefully they will attend our campus," he said.

Jocelyn Epperson, Court Reporting instructor, said, "This is my second year attending the event."

"Senior Preview Day is a wonderful opportunity to tell students what court reporting is all about, and get rid of the misconceptions about it."

Naguib Solorzano, a student at South Gate High School, said, "The presentations today were very helpful, we are going to be able to understand the classes better, for those who are thinking of attending this campus."

Students who attended the event had the opportunity to meet with the campus' guidance counselors at the luncheon.

The Music Department provided entertainment at the event, the "Pop/Rock Ensemble" performed for the students during the event.

Club booths were set up, such as the Financial Aid, Theater Department, Health and Athletics, to provide information.

"I enjoyed Senior Preview Day, it was pretty fun, it really made me want to come to Cerritos and be apart of all the things that it is offering," Aisha Turner, student at Somerset High School, said.

Book: rentals start in the fall

Continued from Page 1: card on file will be charged the remainder of the book's purchase price, as well as a 10 percent restocking fee, adding up to 110 percent of the purchase price.

Jonathan Velasquez, undecided major, worries students will forget to return their books on time.

"I would think twice about renting," Velasquez said, "I wouldn't want to end up paying more than what [a book] is worth."

While Follett reports the Rent-A-Text program has received a 98 percent satisfaction rate from customers on other campuses, Lee recognizes that every campus is different.

"Once we really get into the program here, we'll be able to gauge how much it is helping students," she said.

One such improvement will be to make more materials available for rent.

For now, packages and bundles, textbooks with study guides and textbooks with Web site access codes, will not be available for rent.

"The faculty at Cerritos is very concerned about making sure that its students have the materials necessary for success," Lee said.

Nazi rally in Los Angeles stirs crowds

ANDREA MORA & VIVIAN AGUIRRE
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A rally led by a group of neo-Nazis drew hundreds of angry counter-protestors in the south lawn of Los Angeles City Hall, April 17.

The group who calls itself The National Socialist Movement (NSM) organized the rally through social networking and flyers.

The rally was part of the Reclaim the South Campaign and in celebration of Adolf Hitler's birthday on April 20.

Counter-protestors were outraged that the city of Los Angeles earlier in the week had issued the NSM a permit to rally.

David Faubion, a protestor, said, "How can the city of Los Angeles allow them (neo-Nazis) to publicly impose a hate speech?"

The streets of L.A. were flooded with a diverse crowd of counter-protestors from various groups and organizations, that ranged from African Americans, Latinos, Asians, and Jewish groups, as well as immigrants-rights, anarchist groups, and gay-rights advocates.

Diana Coleman, of the Spartacus League Organization, said, "We are here today to say stop the Nazis and these fascist scums, they oughta be run off the streets by the power of the labor movement."

Orlando Pardo, AN-

SWER Coalition Organization, said, "The unity amongst the community and militant chants sent a loud and clear message that racism, white supremacy, and Nazis are not welcome."

A wall of officers was set up to separate the neo-Nazis from the counter-protestors.

Captain III Commanding Officer of the Central Area of the Los Angeles Police Department Todd C. Chamberlain said there were more than 200 police officers on duty.

"Our purpose is to protect the safety of the people and ensure that violence does not take place."

Although the officers tried to keep the violence between the neo-Nazis and protestors to a minimum, their efforts could not stop the violence that took place among the protestors.

Before members of the neo-Nazi group arrived to the rally, a white male, with swastika tattoos on his arms, was violently beaten by a crowd of counter-protestors on the corner of 1st and Spring Street.

A second individual believed

to be a neo-Nazi was beaten by a mob of protestors, on Spring Street, while he was carrying a sign that read, "Christianity=Paganism=Heathens=Nazi," with an arrow pointing to a swastika.

Officers arrived at the scene, pushing the protestors who surrounded the injured man with their batons, then proceeded by surrounding and escorting him to safety.

As the neo-Nazis took their place on the front steps of city hall, the counter-protestors chanted, "Hey-hey-ho-ho, Nazi pigs have got to go home!"

Angered by the fact that police officials were protecting the group of neo-Nazis rather than the counter-protestors, protestors began to chant, "Cops and the klan go hand in hand!"

Protestors tried harming the neo-Nazis and police officers by throwing rocks, glass bottles, and marbles as they were being escorted back to their vehicles.

Equipped with pellet guns and tear gas, police officers went on tactical alert during the rally.

ing the rally to take precaution against any other violent activity that might have occurred.

Pardo said, "The Nazis had disturbing amount of support by the LAPD as shown by the extreme measures the cops took to protect, escort, and coordinate with the Nazis."

Los Angeles Fire Department Battalion Chief Kwame Cooper said, "We only had to treat two individuals, one for dehydration and another for a minor scrape on the leg."

While two people were severely beaten and five people were arrested during the rally, Chamberlain said, "Overall it was a peaceful protest."

As the neo-Nazis drove away the protestors rejoiced as they chanted, "These are our streets!"



Screaming mad: Protestors rally against neo-Nazi activists while police barricades hold them back at the April 17 rally in Los Angeles. While several beatings occurred, only two people were arrested.

PHOTO BY JUSTIN WITRON

Cerritos students to travel abroad

Cerritos professor offering travel to Japan and Israel over the summer

SAMANTHA ROBINSON
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Students and their families will have the opportunity to enjoy the trip of a lifetime during the spring and summer of 2011.

For around \$3,500 students can enjoy an all-inclusive trip to Japan in the spring or Israel in the summer.

During their stay, days are packed full of experiences.

After breakfast, the group is off, not until dinner time do they stop.

Sometimes, even dinner con-

sists of cultural affairs like dance festivals.

The price that a person pays for this trip is one-third to half the price that a travel agent would charge.

This is mostly because of the agency used, EF Tours, and the fact that three to four students typically share a room.

Since 1997, Jeff Rigby, Cerritos College anthropology professor and group leader of the two trips, has taken groups of students to places like China, Egypt, Africa, Australia, the United Kingdom, Italy,

Greece, the Amazon, New Guinea, and Peru.

At the last trip, Rigby took 42 students.

"Anyone can go," he said, "students can bring parents, grandparents, boyfriends and girlfriends."

Because of EF Tours, students are not required to pay for the trip up front.

If set up at least three months before the travel date, a monthly payment plan can be used.

For example, if your trip cost \$3,000, and you signed up three months prior, your monthly payment would be \$727.

"Anyone can go. Students can bring parents, grandparents, boyfriends."

— Jeff Rigby
Anthropology Professor

The only thing that needs to be paid for up front is the \$95 reservation fee.

This fee puts a hold on your spot and enables you to enroll in the monthly payment program.

The trip to Japan is an 11-day excursion.

The first three days in Japan are spent in Tokyo. Kamakura and Hakone are next on the list with Kyoto and Hiroshima following.

The final day is spent in Osaka. Israel begins with two days in Tel Aviv and then a stay in Haifa. Upon leaving Haifa, a trip to Nazareth and Bethlehem are planned. Jerusalem is the last destination in this nine-day excursion.

For more information, see Rigby in room S5315 or e-mail him at jrigby@cerritos.edu.

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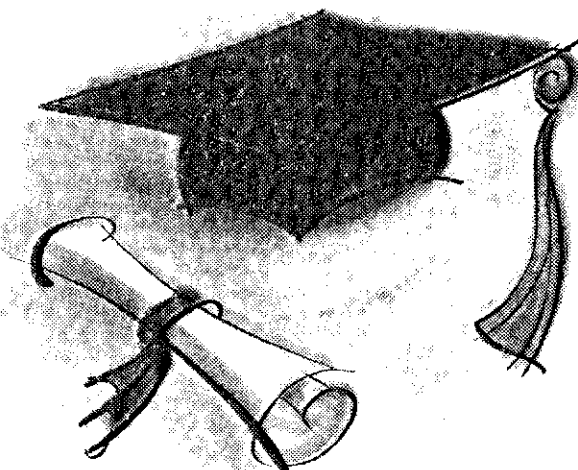


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Jumping for joy: Savannah Huaman jumps off the awards stage with help from Diana Echeverna at Child Development's race day. COURTESY OF THE CHILD DEVELOPMENT CENTER

Lions, turtles, bears, oh my!

ANDREA MORA
Opinion Editor
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Lions, Bears, Turtles, Dolphins, and Clouds all gathered at the Cerritos College Football Field on Monday morning as they prepared to race.

The Lion Family, children in the Child Development Department, invited parents and friends to come watch them, along with their other families, race.

There were four families racing the Lions, Bears, Turtles, Dolphins, and Clouds.

Each family is broken into age categories. Lions, Bears, and Clouds consist of 4 to 5 year olds, Dolphins are made up of 3 to 4 year olds, and turtles range from 2 ½ to 3 years.

Although the weather was anything but

perfect, that didn't dampen the children's spirits.

The race did not happen overnight, it didn't even happen in six months. Crystal Pintado, teacher at the child development center, said that, "The project was put together by the Lion family. They've been wanting to do it for a year now."

Letty Martuccio, full-time teacher at the child development center, said that the idea of having a race came to, then 4 year old Maggie Mariani who was a Dolphin at the time.

She said that they were learning words and the word was race and she was curious about the word and found out what it meant.

"The initial thought was to have two points beginning and end," Martuccio said.

"I wanted to provoke their thought process a little so I asked them if they wanted to find a

location for the race."

As the Lion family went on a search to find the perfect location they learned about the campus and drew maps as well. One project they accomplished was to make replicas of the different buildings found around campus.

Mariani now 5 years old said that one of her favorite aspects for preparing for the race was that, "We made medals, posters, flags, poems, cheers, and pomp poms."

Four year old Davanee Terrezas acted like MC of the race and she said that her favorite part of the race was, "I was racing and because I was on the microphone."

It was a learning process for all the children, "The race was just the prize, but the learning came from learning to count to 100 and learning about the community. At the end of it all they ended up taking over," Martuccio said.

Math Club drives against violence

Cerritos College
Math Club holds
book drive to
benefit Su Casa

VICTOR DIAZ
Staff Writer
victor.diaz@talonmarks.com

The Cerritos College Math club held a used book drive in front of the library on April 14 and 15 to help the fight against domestic violence.

The book drive, which is held by the Math Club every spring semester, features books that are donated by students, staff and faculty.

Some books that were donated included works by John Grisham, Maya Angelou and Nora Roberts, as well as "Prince Caspian" from the famed "The Lion, The Witch and the Wardrobe" series of books by C.S. Lewis.

The book drive also included other literature, such as "Shonen Jump" magazine and "Illustrated Computer Dictionary for Dummies."

Nalliber Ruiz, Economics major, enjoyed having a wide choice of books available.

"I like how there are different subjects to pick from. I like the variety of books that are here," she said.

The prices for the books were 50 cents for paperback novels, one dollar for hardcover books and a range from three to five dollars for

various textbooks.

According to Erin Wickham, the club's Vice President, the club raised \$200 on the first day and its goal was to beat last year's record of \$500.

Wickham also went on to mention that all the proceeds from the book drive go to benefit Su Casa, a shelter for abused women and children, specifically in the location in Norwalk.

In regard to the book drive's benefit for Su Casa, Wickham said, "I think it's a really great thing. We're raising money for a great cause to help end domestic violence and help a lot of people."

Wickham also addresses the benefit for students by saying, "It's kind of a win-win for everybody looking for a new book."

"They come here and the money goes for a great cause as opposed to going to a store like Borders or something like that."

For people like Math Club President Art Catano, the experience of helping at the book drive is a positive one all on its own.

"I think this is good, not just for the club, but for people in general because you're helping others, that's got to make you feel good inside," Catano said.

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QUESTION OF THE DAY

SWEEPSTAKES

Details

Starting April 19 - May 21

Talon Marks will post a new question every morning and those who answer the question correctly throughout the week will be entered in a weekly drawing. Winners will be announced every Monday on Talon Marks' Facebook and Twitter pages. Participants may submit their responses on either of the pages.

If a participant does not win a weekly drawing, he still qualifies for the grand prize drawing at the end of the semester.

Prizes

A weekly drawing for a \$25 gas card.

Prizes

The grand prize drawing at the end of the semester wins a \$100 gift card to the Bookstore.

Facebook.com/Talonmarks

*Talon Marks staff members are excluded from participating.

Twitter.com/Talonmarks

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•EDITORIAL•

Marijuana, dividing a nation

This nation has been divided among many things. Slavery, prohibition, woman's suffrage and many other issues. Now, the legalization of marijuana is proving to be the next cause dividing the states.

California will be deciding the fate of the matter on the next ballot when voters will decide to either legalize marijuana or keep the current law in place. Many people are still deciding on whether or not the herbal substance should be legalized.

While some are hesitant because of religious matters, many are caught on moral issues or the unknown.

Marijuana has been proven by the National Academy of Sciences to aide patients who are suffering from diseases like cancer, AIDS, and glaucoma; even patients who are going through chemotherapy are given the herb to assist with pain.

The substance has also been proven to be a "gateway drug" to other illegal substances like cocaine and heroin. Secondhand smoke from the use of marijuana increases the chances of others suffering the damage by inhaling the smoke.

Marijuana, like alcohol, cigarettes and sex, is one of life's little pleasures for some people, something that makes life worth living. People may get pleasure from coffee, donuts and pizzas, but even they can be harmful if not taken in moderate quantities.

Under the initiative that is placed on the ballot for the November elections, any person over the age of 21 will be able to possess, share, and transport an ounce of the Cannabis for personal use.

The ability to grow up to 25 square feet per residence or parcel is also part of the initiative.

All too soon, voters, not only in California but nationwide, will have to decide on the legalization regarding marijuana. When this happens another piece of history will be made, no matter the result.



ILLUSTRATION BY MOSES LOPEZ/TM



LETTERS TO THE EDITOR are welcome. They may be submitted both online and in person. In all cases, letters must be signed with real names before they will be considered for publication, either online or in print. Campus-related issues are given priority. Letters may be edited for length, though online versions tend to include full content, as long as it is not libelous or in poor taste. You may deliver letters to FA 42 or contact the editor by e-mail at editor@talonmarks.com.

Speaking out against discrimination

On Gary Salinas' lap sat a magazine with torn pages, wet spots and thousands of invisible germs. Next to him, sat an elderly man reading his newspaper.

When Salinas went to move the magazine off his lap, the woven rainbow bracelet his partner gave him slipped from under the cuff of his shirt. With a disgusted look on his face, the elderly man stood up, took a bible from his briefcase and sat it down on the chair now placed between the two.

It is bigotry like this that needs to be addressed and fixed before this nation can move forward in any kind of positive manner.

Salinas was subjected to prejudice while sitting in a doctor's office. And only because a gift from the love of his life slipped from under his sleeve.

This issue is much more than older people stuck in their old fashioned ways. It encompasses people from all generations, all walks of life.

It's not just the victim of the discrimination that suffers, it's the people around that witness the crime and are either too afraid to speak up or too naïve to



Samantha Robinson
Opinion Editor
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believe that what is being said or done is wrong.

Salinas isn't the only one that has been put through circumstances like this. Every day, thousands, if not millions of gay, lesbian, bisexual and transgender people are discriminated against.

And every day, thousands, if not millions of bystanders remain silent as they witness this abuse. If we don't start speaking up about the prejudice we see daily, people will continuously be subjected to not only verbal violence, but physical and mental abuse as well.

According to the New York Gay and Lesbian Anti-Violence Project Annual Report of 1996, The vast majority of victims of anti-lesbian/gay violence, possibly more than 80 percent, never report the incident, often due to fear of being "outed."

There should never be a fear of being yourself. Because of the constant torment of homosexual individ-

uals, "coming out of the closet" is seemingly impossible. And those that do come out often regret it soon after because of the maltreatment faced once out.

The Gay, Lesbian, and Straight Education Network (GLSEN)) reported that 45 percent of gay males and 20 percent of lesbians report having experienced verbal harassment and/or physical violence as a result of their sexual orientation during high school.

Any percentage is too high, but 45 percent is just ridiculous. No one should ever have to worry about harassment because of who he or she is. Especially those at the point in their lives when they get to determine who they are exactly.

With enough determination and hard work, we can make America what it is supposed to be. Free and honest. A place where people can themselves without having to worry about being tortured and ridiculed by their peers.

All it takes is speaking up. If you see someone being harassed for any reason, be it sexual orientation, race, religion, or anything else, say something. Don't be afraid to save someone.

*NAME CHANGED FOR SECURITY PURPOSES

"If you see someone being harassed for any reason, be it sexual orientation, race, religion, or anything else, say something. Don't be afraid to save someone."

Do you think marijuana should be legalized, why or why not?

COMPILED BY: SAMANTHA ROBINSON
PHOTOS BY: ANDREA MORA



IESHA ROSAS
undecided major
"I don't think marijuana should be legalized because people would use it for the wrong reasons."



MIGUEL QUIJADA
nursing major
"Marijuana shouldn't be legalized because it impairs your judgement. It's just not worth it."



EUNISSES HERNANDEZ
administration of justice major
"(Marijuana) shouldn't be legalized because it is a gateway drug. Too many people think it isn't but it is."



KYLE GUINN
sociology major
"Legalizing marijuana shouldn't happen because it would get misused a lot."



SAMANTHA PEREZ
undecided major
"(Marijuana) should be legalized. Yeah, people might misuse it but less crime would happen."



VERONICA LEON
political science major
"Marijuana should be legalized because it would help our market. We could make some money."

TALON MARKS
online

Most Popular

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Share your comments online

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- Math Club benefits Su Casa
- SBOE holds historical massacre

Guest Editorials

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- Red Cross shouldn't put a limit on blood donors
Fullerton College, The Hornet
- Now showing: heart disease
Las Positas College, Express

Online Poll

Vote online at talonmarks.com

Should marijuana be legalized?

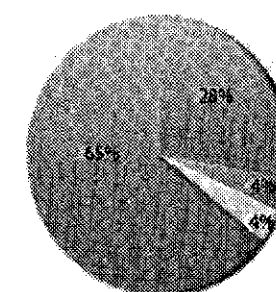
- Yes, it is harmless
- No, it is too dangerous for drivers
- I am still divided
- My mommy says weed is bad.

Last Week's Poll

Vote online at talonmarks.com

Who would you elect?

- Marco Tolento 28%
- Brianna Koeppe 4%
- David Aguirre 4%
- Felipe Grimaldo 65%



The icky is sticking to the ballot

Marijuana legalization has secured a spot on November's ballot for legalization.

CHERELL TISBY
Staff Writer
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Marijuana legalization has secured a spot on November's Ballot for legalization.

California may become the first state to legalize personal possession of marijuana.

This law will regulate and tax the drug, just as alcohol is monitored.

According to reuter.com some growers believe that California can be the leaders forefront for all states in this movement towards decriminalizing the drug.

Stephen Gutwilling director of Drug Policy Alliance told Dan Whitcomb from Los Angeles "California has been fighting this long struggle to end marijuana prohibition in the country."

California states that any propositions that wish to be put on the general election ballot must submit at least 433,971 signatures.

The marijuana act collected over 600,000 signatures.

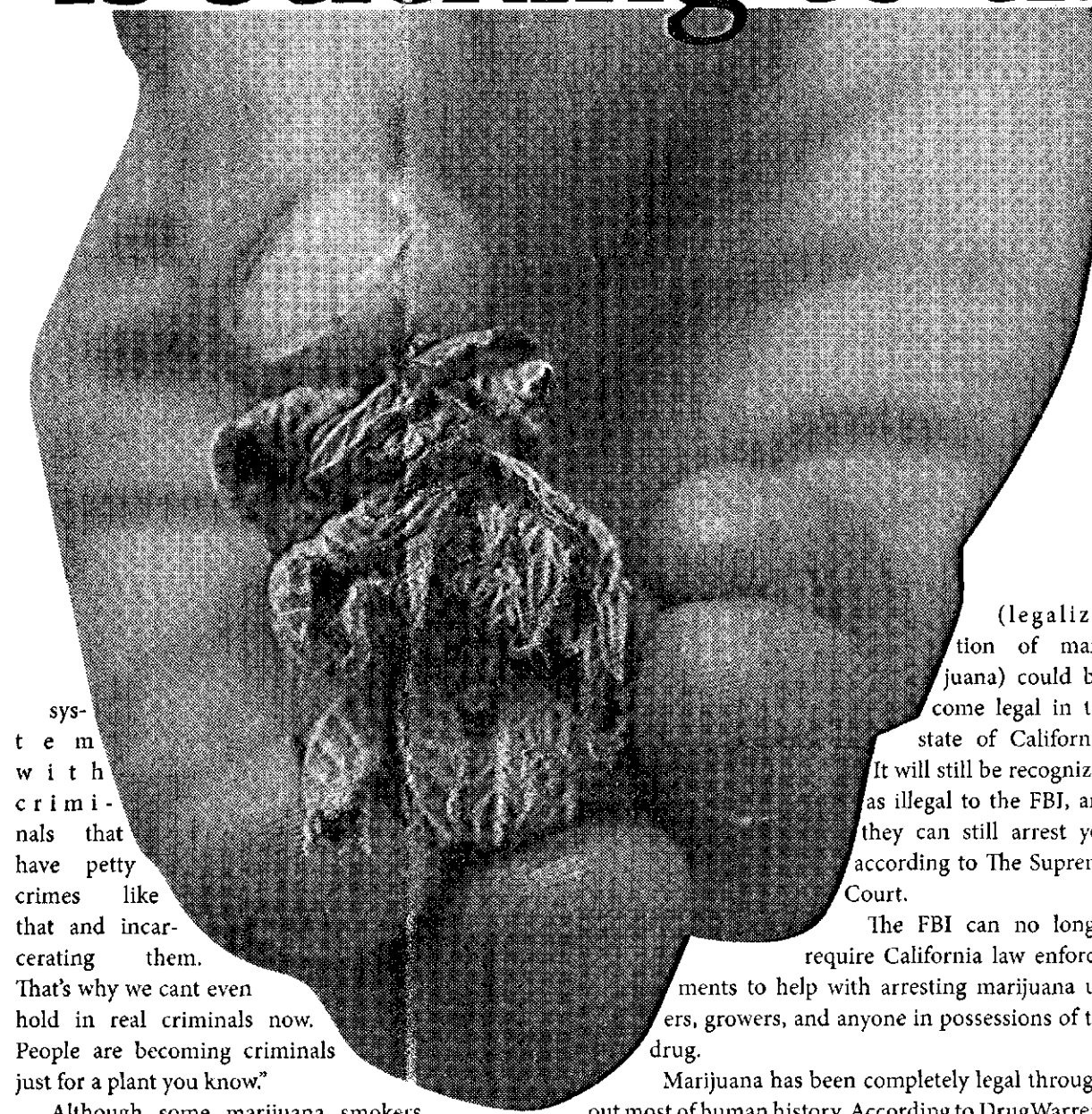
The state will regulate this act by requiring marijuana smokers to be at least 21 years of age. Each citizen would be allowed to have up to one ounce of the drug in their possession, along with growing their own plants with 25 square feet per each residence.

"Banning marijuana outright has been a disaster, fueling a massive, increasingly brutal underground economy, wasting billions in scare law enforcement resources and making criminals out of countless law-abiding citizens" Gutwilling told reuter.com

In 2007 74,000 citizens were arrested in California on drug charges. California seems to have a wide range of supporters of the marijuana act.

With 56 percent of Californians in the 2009 April field polling.

George Lopez, music major, believes, "it would be better to legalize it because the police have filled up the



system with criminals that have petty crimes like that and incarcerating them. That's why we can't even hold in real criminals now. People are becoming criminals just for a plant you know."

Although some marijuana smokers oppose taxing the drug, activists have suggested that taxing the sales could restore the cash-strapped state.

Chief Richard Bukowiecki refused to comment on how this could affect or benefit students here on campus, or if campus regulations would change and how.

Kailey Flanders journalism/communications major says, "it's a good thing and a bad thing. The good thing is that they would keep less people in jail for possession. It's a bad thing because it will be taxed. I don't want to pay extra for something I can grow myself."

Larry Carsen (name changed for security purposes), history major, says, "if you can smoke cigarettes when your 18 years old, you should be able to smoke marijuana. Cigarettes cause cancer, marijuana hasn't shown any defects or side effects."

Even though it is a possibility that initiative 1377

"The good thing is that I would keep fewer people in jail for possession. It's a bad thing because it will be taxed. I don't want to pay extra for something I can grow myself."

— Kailey Flanders
Communications major

In 1619, the Jamestown Colony in Virginia enacted a law that ordered all farmers to grow Indian hempseed. Between 1763 and 1767 you could be put into jail for not

growing hemp during times of shortage.

Charles Whitebread, professor of law at USC Law School, in a paper for the Virginia Law Review, and a speech to the California Judges Association, talked about how the first state, Utah, outlawed marijuana.

He said that while the original ban was said to be brought on by Mexicans, it was actually because of the Mormons that came back from in 1910 with the herb. It is said that the church's reaction to that contributed to Utah's ban on marijuana.

Wyoming, Texas, Iowa, Nevada, Oregon, Washington, Arkansas, and Nebraska followed suit by introducing marijuana prohibition laws. Most of which were targeted against the Mexican-American population.

When Montana outlawed marijuana in 1927, the Butte Montana Standard reported a legislator's comment: "When some beet field peon takes a few traces of this stuff... he thinks he has just been elected president of Mexico, so he starts out to execute all his political enemies."

In Texas, a senator said on the floor of the Senate: "All Mexicans are crazy, and this stuff [marijuana] is what makes them crazy."

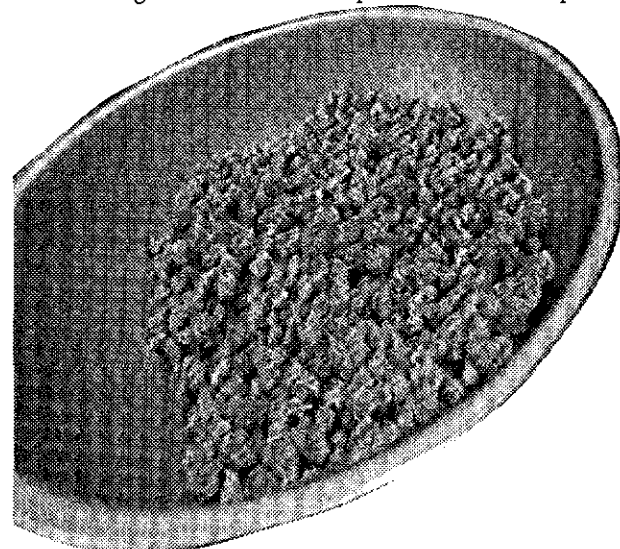
The eastern states contributed the "problem" to a combination of Mexican-Americans and black jazz musicians.

Marijuana and Jazz became a pair and traveled all the way from New Orleans to Chicago and eventually to Harlem. This is where marijuana became an indispensable part of not only the jazz scene but the music scene in general.

Remember that marijuana has a history as rich as the United States itself.

While it is unsure what the next step is for this plant turned drug, what is certain is that it isn't off the radar for California voters.

Become informed and make an educated decision when going to the polls this November.



Roll it: Ron Stephens has a grow room for marijuana plants in his Michigan home. Stephens has been using marijuana medicinally for years.

Weed 101

Hazards of Marijuana

- * Impaired perception
- * Diminished short-term memory
- * Loss of concentration and coordination
- * Impaired judgement
- * Increased risk of accidents
- * Loss of motivation
- * Diminished inhibitions
- * Increased heart rate
- * Anxiety, panic attacks, and paranoia
- * Hallucinations
- * Damage to the respiratory, reproductive, and immune systems
- * Increased risk of cancer
- * Psychological dependency

Fun Facts of Mary Jane

- * It's first recorded use for medicinal purposes was 2727 B.C.
- * Hemp was once considered legal tender in the U.S.
- * Cannabis and hemp are the

same

* Marijuana floods the brain with dopamine

* It can become addictive

* "Burnout" occurs when the smoker becomes unresponsive

* 14.6 million Americans smoke pot on a regular basis

* Marijuana contains 400 chemical compounds

* The declaration of independence was written on hemp paper

* Marijuana can stay in the body for weeks after use

* Given an opportunity deer will chew gum and marijuana

General terms for the sticky

You may, however, recognize a number of the most common or popular terms for marijuana used on the street today.

Nicknames like weed, pot, dope, grass, reefer, herb, and Mary Jane have been used for decades and continue to enjoy a certain amount

popularity.

Other words like Aunt Mary, gangster, boom, ganja, skunk, or kif are also often heard across age groups.

Others popular general terms for marijuana include:

- * Buds
- * Nuggets
- * Blaze
- * Tobacco
- * Hay
- * Rope
- * Stinkweed

Annual deaths from drugs in America

TOBACCO	400,000
ALCOHOL	100,000
ALL LEGAL DRUGS	20,000
ALL ILLEGAL DRUGS	15,000
CAFFEINE	2,000
ASPIRIN	500
MARIJUANA	0

Source: United States government...

National Institute on Drug Abuse,

Bureau of Mortality Statistics

Kush, among other names it's called

Just like all plants, marijuana comes in a variety of types, and each of these types has its own street name.

Most of these terms are derived from their geographical region of origin.

Some of the most popular include:

- * Acapulco Gold or just Gold
- * Texas Tea
- * Sinsemilla or just Sins
- * Panama Gold or Panama Red
- * Colombo
- * Chronic
- * Maui Wowie
- * Hash or Hashish
- * Black Russian
- * Homegrown

Health effects

Effects on the Brain

Marijuana contains an active ingredient, delta-9 tetrahydrocannabinol or THC that acts on the cannabinoid receptors of the nerve cells and influences the activities of the cells, like pleasure, memory, thought, concentration, sensory, time perception and coordinated

movement. High doses of marijuana, when consumed through food, can cause hallucinations, delusions, impaired memory and disorientation.

Effects on the Heart

The heart beat increases rapidly and the blood pressure drops within minutes of smoking marijuana. A person's heart beat can increase by 20 to 50 beats per minute. A marijuana smoker is three times more at a risk of heart attack.

Effects on the Lungs

Burning and stinging of the mouth and throat and heavy coughing are some effects that are caused by smoking marijuana, even infrequently. Marijuana causes respiratory problems in smokers, such as daily cough and phlegm production, more frequent acute chest illness, increased risk of lung infections and obstructed airways. Marijuana smokers are three times more likely to develop head and neck cancer, as compared to non-smokers.

Effects during Pregnancy

Studies have found that mothers who have used marijuana during pregnancy have given birth to children who are likely to exhibit problems with neurological developments.

2 tweet or not 2 tweet

Twitter is bringing valuable instantaneous information to audiences on an level that reaches internationally.

TITO BENAVIDES
WPMO Editor
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Twitter. Where is it's value?

What can it do to supplement our daily lives other than trivial and at times vain posts of one's own personal activity with importance limited to oneself and whoever else seems to care?

But how can a technology that seems to bring forth the mundane and unimportant be of any worth to the reluctant masses that for the most part see no practical use with Twitter other than bringing unwanted attention to themselves?

What we do know is it's power during political or natural catastrophe.

During the controversial 2009 presidential elections in Iran, the ruling religious party outlawed all local and international media coverage of turbulent demonstrations taking place throughout the country.

The value of instantaneous information via Twitter allowed the world to witness first hand the would-be-clandestine methods of the Jam'e-ye Rowhaniyat-e Mobarez or The Combatant Clergy Association, Iran's ruling pragmatic-conservative clerical party.

The methods included kidnapping of members of the political opposition as well as brutal beatings and slayings of political protestors.

Twitter helped any citizen journalist post short first hand reports of government-sponsored violence as well as spread links to news sources.

The latest global rush of magnitude 5.0 or stronger earthquakes in densely populated areas, such as Haiti, Chile, Indonesia, Mexico and all of California has proven Twitter and Twitpic to be first providers of instant information and first hand accounts.

Here at Cerritos College, Stephen Clifford, Professor of English/I Falcon coordinator, tweets several times a week with encouraging words that keep success a personal matter to its members. "They typically are from students," Clifford explains. "Club members off of our Facebook page. Our club members are set to send in weekly or daily messages. I simply take the posts from Facebook and edit it to make it fit the 140 characters for Twitter."

Clifford further adds, "Our hope is to be able to reach all students in the fall, instead of 7,000 students per week to more than 20,000 students." I Falcon also provides links to various newly available scholarships and crucial scholarship deadline dates and important information sites as well as posts labeled "This week at Cerritos" with links to the different activities that are happening throughout the campus.

Dr. Bryan Reece, Instructional Dean Humanities/Social Sciences sees the value in Twitter but doesn't look upon it as the most effective way to reach as many students as possible. "My feeling is Tweeting is ultimately not the way to go. Texting is the way to go." The problem with Twitter is that you have to get people to go there and register. Is difficult to imagine getting 20,000 students there. I think the way to go is some kind of texting service option offered during enrollment."

But Reece does recognize how students benefit by keeping up with I Falcon through Twitter. "Twitter helps students get back into the academic mode and it delivers quick study ideas with links for more detailed information to I Falcon. It's more like the reminder to keep studying. It also serves as a reminder that finals is coming up and to end the semester strong. To make sure you have some balance between your academic life and your social life."

The effects of these posts have proven their worth to students. A tweet labeled "Welcome to week 16" posted by Dr. Reece, encourages students in these final weeks towards finals to end the semester strong, to put off social commitments if possible and to maintain one's own curiosity, to play with new ideas and to be curious towards ideas one doesn't agree with.

"It's funny" Reece admits, "sometimes I think I'm just firing these things off in the dark, but I've been receiving some great responses."

This response to this tweet post from an anonymous student justifies the importance of Twitter and it's ability to easily reach the masses.

"Dr. Reece, Thank you for your words of encouragement I have enjoyed all of your messages. But I find this one among the most meaningful for me personally as I feel I am running out of gas. (smile) thanks for the push. Have a wonderful day."

But other than college and calamity, Twitter offers another option that might prove beneficial to the more introverted masses that would otherwise have nothing to do with the service. Information 'in' rather than information 'out.'

For those moments when we need an answer to any given posted query from finding a good restaurant in a certain area, what people thought of a particular movie your not decided on, Trader Joe's vs. Fresh & Easy, where's the best place to buy tires, who is the most honest auto mechanic in town, which tattoo design to go with, paper or plastic, etc.

The possibilities are endless.

The bombardment of personal opinion and word-of-mouth information to your specific sans-internet searches should prove to be immeasurable.

One doesn't have to be a part of the useless "look at me" postings to intelligently utilize Twitter.

WANT TO TWEET?

- 1) Go to www.twitter.com.
- 2) Follow instructions on how to set up your profile: name, brief bio and photo (give this some thought - a bad or incomplete biography can be a Twitter kiss of death).
- 3) Type a message - tweet - into the "What are you doing?" box. Tweets are public by default but you can block people and communicate in private if you choose. Anyone can now become a follower if they wish to read your tweets.
- 4) To find your friends or people of interest, click on Find People. To follow someone, click the button next to their profile. This will change to say "following." Their tweets then appear on your Twitterstream automatically.
- 5) Check replies regularly to see any tweets that have been directed at you. Congratulations! You are now tweeting!

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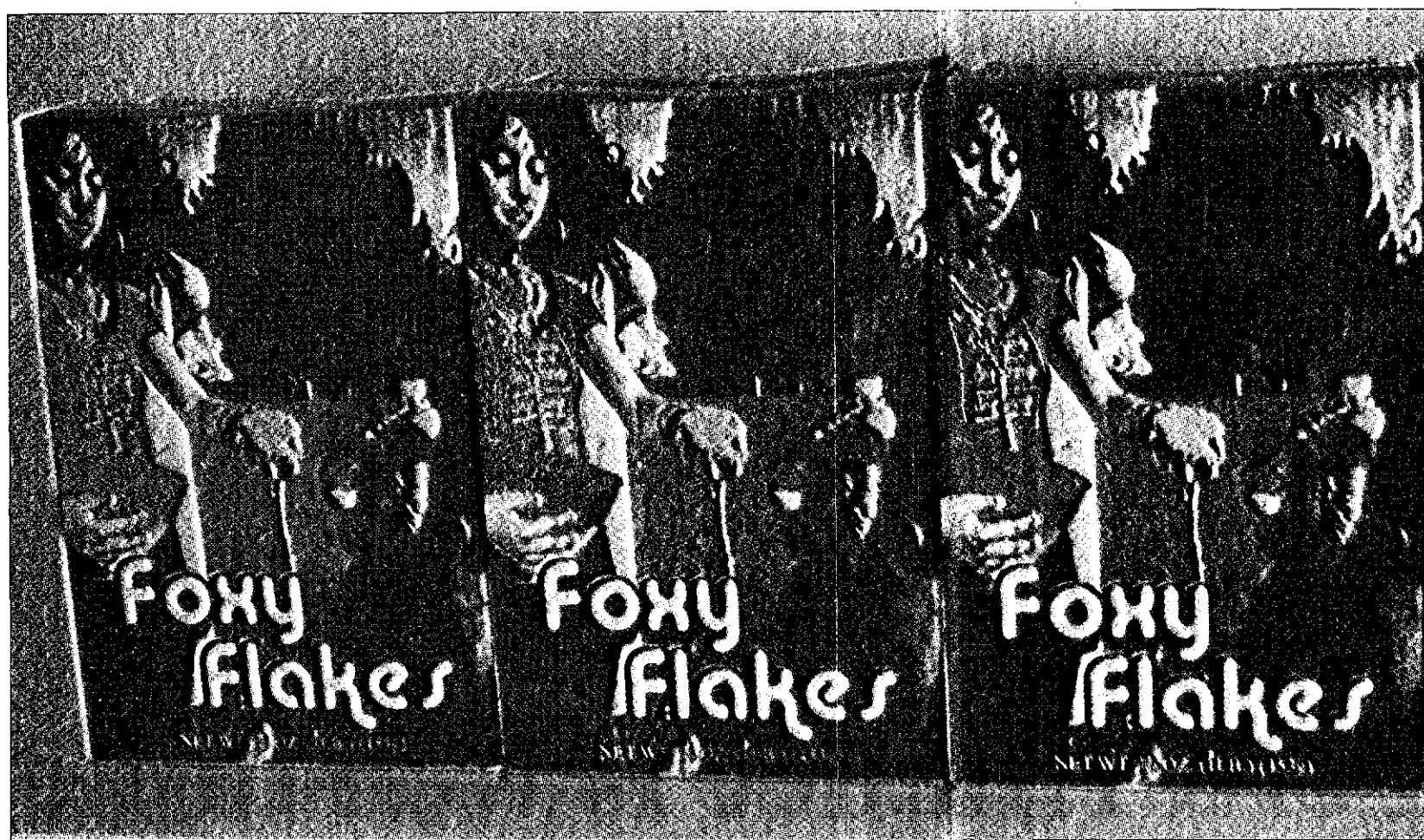
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Foxy artwork: Sonia Hernandez's award-winning piece, "Foxy Flakes," is one of the many works that can be seen until May 13 in the Cerritos College Art Gallery.

Students show their work

Cerritos Art Department showcases its students' award-winning works.

VICTOR DIAZ
Staff Writer
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The Cerritos College Art Department is currently displaying the 2010 Student Art Exhibition in its art gallery, which features various works by students from the department.

According to a press release from the Art Department, the show includes over 100 works by students that were hand-chosen by instructors in the several art classes on campus.

The exhibition began with an opening reception and award ceremony on April 22.

At the ceremony, awards were given in several categories including drawing, painting, ceramics, photography and computer graphics.

The ceremony, which was juried by UC Riverside's Sweeney Art Gallery director Tyler Stallings, gave awards and cash prizes that ranged from \$25 for the honorable mention to \$200 for first place in each category, according to Sonia Hernandez, the gallery's file clerk.

Regarding the turnout for the opening night, Hernandez said, "There were a lot of people. I would say that there was a lot more people than last year."

Hernandez also went on to say, "I also think that the work is a lot better than last year."

The reception also featured a live perfor-

mance courtesy of the Cerritos College Music Club.

The exhibition features paintings, sculptures, photography, and even videos and stationery design.

Some notable pieces in the photography section include an untitled photo by Bryan Paraiso of a door lying on the ground with a hole in the center of it, as if it had been broken through.

Also, there is a photograph by Di Henri Aguije entitled, "Hi Ho Market Owner No.1," which portrays the owner of the Hi-Ho Market, a market in the city of Downey that was recently shut down.

Aguije also has a photograph entitled "710 meets 60." The photograph shows the intersection of the 710 and 60 freeways and it features a bright headlight coming from the left side of the freeway as well as a sign displaying the Cesar Chavez avenue exit.

A life drawing that is in the gallery is John Revala's "Monday Mornings," a painting showing a man frantically putting on clothes, portraying his reaction to the day.

Another work that can be seen in the gallery includes Hernandez's "Foxy Flakes."

Hernandez's work is a screenprint of four cereal boxes with a psychedelic design.

"Foxy Flakes" won third place in the John DeMott scholarship award competition.

The exhibition is also displaying a work by Thanya Martinez that is a real-life representation of J.D. Salinger's "The Catcher in the Rye" carrying the same name.

The piece shows two beer bottles, one covered in a paper bag and a copy of Salinger's critically-acclaimed novel.

Another display in the exhibition was a

small television screen showing three different student-submitted videos.

The video screening begins with Michael Bogdanoff's "The Hand That Shakes the Mouse."

The short movie tells the story of a young woman who drops her newborn child off at an undisclosed location, only to find out that the child was later picked up by another woman.

The rest of the screening featured an untitled video by Jorge Sanchez and a video by Michael Velazquez entitled "Spirit Quest."

Velazquez's work is a video set in what seems to be a post-apocalyptic world where only a few young people fight to survive.

The movie begins with four people playing "Go Fish" and each revealing weapons and shooting each other shortly thereafter.

Another scene shows three more people pointing at each other, using their fingers as guns and shooting at each other.

After the supposed shootout, one person survives and notices a computer. He tries to log onto his Facebook page, only to find out that the computer has crashed due to a virus.

Close to the video display, there are submissions for stationery and logo design.

Some submissions included works by Roan Magpantay and Bryan Xilonozochit, who provided stationery and business card models for the Chief Executive Officer of Carl's Jr.

For undecided major Esther Rodriguez, the exhibition was very eye-opening.

"It's beautiful and it's creative. You see things that you wouldn't normally think about," Rodriguez said.

The exhibition is set to run until May 13 and admission to the exhibition is free.

'Kick-Ass' hits big in theaters

VICTOR DIAZ
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Finally, a movie has been released that expresses what we've all been thinking about since childhood.

On April 16, "Kick-Ass" was released in theaters, allowing comic book lovers of the world unite for yet another action-packed thriller.

"Kick-Ass" tells the story of Dave Lisewski, a young, awkward high-school student who asks himself the all-important question: Why hasn't anyone tried to be a superhero yet?

After receiving criticism and scrutiny from his peers, Dave takes matters into his own hands by buying a scuba suit and giving himself the most creative name he could possibly think of: Kick-Ass.

Dave later finds out that there are others just like him when he meets fellow vigilantes Hit Girl and

Big Daddy, portrayed by Nicolas Cage as we have never seen him before.

Cage's portrayal of Big Daddy can be described as humorous, and at the same time giving the feeling of mystery.

Another recognizable name in the movie is Christopher Mintz-Plasse, who plays the role of Chris D'Amico, son of Frank D'Amico,

the film's antagonist. Mintz-Plasse's character was the direct opposite of the supposed 25-year-old Hawaiian organ donor in "Superbad," the film that made him fa-

mous, showing all the traits of the anxious son who is just itching to learn about his father's business.

"Kick-Ass" is the perfect combination of comedy, suspense and action that can really get the audience involved in it and maybe even make you want to become a superhero yourself once you're leaving the building.

Movie Review

Kick-Ass

Starring: Aaron Johnson,
Grace Moretz, Nicolas Cage
Director: Matthew Vaughn
Rating: ★★★★★



Super Movie: The blend of comedy and action make "Kick-Ass" worth watching.

'Working' is close to coming out to the public

MEGAN WINTERS
Arts Editor
arts.talonmarks.com

choose."

Although auditions were held in February for the cast, minor delays were present.

"Everyone has worked really hard, it's been difficult because we've lost a big number of cast members which did set us back a little bit," expressed Hornel.

The set cast has a mixture of not only experienced and new theatre students from Cerritos, but also community members who joined the production.

Some of these community members who are professionals, like experienced actress Shirley Hattori.

Hattori has acted and sang for 30 years and is in her second production of "Working."

"This is actually a favorite show of mine; it's almost the first professional show I did when I got out of college."

I have a real soft spot for this show. I like the music and I think it has a lot to say about what people think about their job," Hattori said.

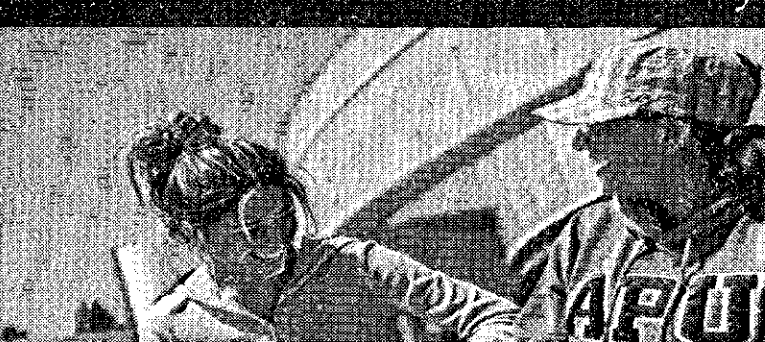
Hattori previously came out in "Urine Town," another Cerritos College production.

The play will feature an orchestra that will play eight pieces of live music.

Opening night for "Working" is on Friday at 8 p.m. with additional performances May 1, May 6-8 at 8 p.m., and May 9 at 2 p.m.

Tickets will be available at the box office the night of the show.

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Jazz band welcomes guests to concert

JUSTIN WITRON

Staff Writer

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The Cerritos College Music department presented the Jazz Exchange Concert.

The Cerritos Jazz and Pop/Rock Ensembles were featured, as well as a guest performance by the California State University, Los Angeles Jazz Orchestra, which was directed by Dr. James Ford III and Adam Schroeder.

Schroeder, a guest soloist who played baritone saxophone, played with the Jazz Ensemble for two songs: "Every day I have the blues" and "Imagine what a change will do."

He was pleased with how Cerritos played.

Schroeder said, "It was my first performance here, and it was an honor and a pleasure playing with the band. I would like to come back and perform again."

He is a Los Angeles-based baritone saxophonist who had the privilege to perform and record with some of jazz's greatest artists such as Clark Terry, Anthony Wilson, Ray Charles, Bennie Wallace, and Sting.

Schroeder had some words of wisdom for the musicians in his band.

"John Clayton once said to me, 'You take care of the music and the music will take care of you,'" he said.

"I said this same phrase last night to the band and a lot of them came to me tonight and said they went home and thought about it."

Schroeder went on to say, "All I have to say is keep that phrase in

your mind and in your soul and you will always have a smile on your face."

Andres Garcia, who plays alto saxophone in the Pop/Rock ensemble, was excited about performing at the student center.

He said, "It's a good experience because we expand our type of music from jazz to pop and different artists like Gwen Stefani, Alanis Morissette, Otis Redding, James Brown and other well-known artists."

Baritone saxophone player, Steven McEvilly said, "This changed my life because I had trouble with my high school band, it gave me a reason to quit and come play with this college."

David Page, the vocalist for the Jazz Ensemble, liked the performance of the CSULA Jazz Orchestra and looks forward on seeing them perform in the future.

"They are talented people," he said.

Alexa Macias, a vocalist as well as a returning member for the pop/rock ensemble comes and performs every year.

"I have a good time because the gigs we get are cool. I love performing and I look forward on meeting the new members of the band," Macias said.

David Betancourt, the director of the Jazz Ensemble and the Pop/Rock Ensemble, invited CSULA and Schroeder to perform at the college.

In regard to his students' performance that night, Betancourt said, "I hope every one of them continue on playing their entire life either professionally, amateur, or just for fun."



The right direction: Director David Betancourt conducts the Cerritos Concert Band in its performance of "First Suite in Eb for Military Band" on April 13.

Performance is well done

Cerritos, Bellflower bands work together in concert

VICTOR DIAZ

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As an ongoing project to help the community, the Cerritos College Music department presented another exchange concert.

On April 13, the Cerritos Concert Band and Symphonic Winds shared the stage with the Bellflower High School Concert Band.

The Cerritos Concert Band began their three-song set with Gustav Holst's "First Suite in Eb For Military Band," which consisted of three separate movements, each sharing qualities that the audience enjoyed.

"Chaconne," their first movement, was slow and majestic, a sound that was an indicator of things to come.

The second movement, "Intermezzo," was a big contrast from its predecessor, featuring a brighter, more upbeat feel to the band's performance.

The third and final movement was simply entitled, "March," a very self-explanatory name.

The band delivered a strong, confident sound, which really got the audience interested in their performance.

The rest of their set included Morten Lauridsen's "O Magnum Mysterium," a recently composed piece which featured a very nice decrescendo at the end of the song.

The piece that followed was Henry Fillmore's "The Klaxon."

"The Klaxon" was another march that featured a great horn feature, and even got a man in the back of the student center marching in place and waving his arms to the beat of the song.

Despite their lack of experience in comparison to their college counterparts, Bellflower High was more than able to hold their own that night.

Bellflower's set had it all, from great sound and intonation in James Curnow's "Fanfare and Flourishes," to a significant trumpet feature in Erickson's "Toccata for Band."

The night concluded with the Cerritos College Symphonic Winds.

Their set featured "Eine Kleine Yiddische Ragmusik" and "Ride," two songs that they had pre-

viously performed at their last exchange concert.

Both songs were a great improvement from their last performance, which demonstrates exactly how much time is dedicated to rehearsing and tweaking every little aspect.

The band's low brass section was what really made "Eine Kleine Yiddische Ragmusik" stand out as a great piece, combining both old Yiddish music with Scott Joplin's patented ragtime music.

Samuel R. Hazo's "Ride" featured an excellent solo by alto sax player Alex Trujillo.

"Ride" truly provided the audience with the proper setting in order to really enjoy what the composer had to say about his piece.

Overall, each of the performances really had something to offer to the audience in the Cerritos Student Center that night.

The concert had something for everyone, with songs ranging from classical, to children's music, to contemporary music.

The night's performances by the Concert Band and Symphonic Winds showed that the Cerritos music program is advancing in talent and at the same time, doing their part to encourage community members to make music.

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Duo in action: (left) Javier Castillo (right) Cesar Jaramillo performing a Robert Schumann piece at the charity concert on Friday.

Concert for a good cause

JUSTIN WITRON & MEGAN WINTERS
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Cindy Hernandez, music major and Vice President of the Music Club hosted a fundraiser which featured an evening of different styles of classical guitar played by the music students on Friday.

The event was to raise awareness and money for those suffering from NF (neurofibromatosis).

This disease is a dominantly inherited genetic disorder characterized by flat brown patches on the skin, neurofibromas of the skin and internal organs, and in some cases skeletal deformity.

Pamphlets with additional information about NF were being handed out to read at the intermission of the event.

Music Club Member Maria Garcia wanted to put on the charity event to raise money for a little girl she took care of for a year, Dakota Anderson.

Anderson was diagnosed with NF at birth and is now four years old. She is a carrier of non

cancerous disease but is affected with tumors in her brain and nervous system.

"While I was taking care of her I saw the medical side of NF, seeing this little girl go to doctor appointment after doctor appointment and going through chemotherapy really took a toll on not only her family but myself," Garcia said.

Although NF is a genetic disease, Anderson is the only carrier out of her three other siblings.

Carlos Bolivar played in the benefit concert, "This concert was a great way to raise funds for the Neurofibromas, and that's what we do," Bolivar said.

"We build communities through music, and 'Building Unity Through Music' is the Music Club's motto," he added.

Paul Garcia, who also played guitar in the event with a selection entitled "Romance."

The other song was entitled "Prelude No.4," which had a melodic tune featured in the 1890's.

Garcia said that he liked the performance of the other artists as well at the fundraiser, "I

really liked how we changed our dynamics this concert."

Jose Jimenez, music major at ELAC, attended the concert with a friend and was pleased with the outcome.

"Wow, I was amazed how great they are," Jimenez stated, "Too bad there's no classes in the summer here at Cerritos, I would love to learn here."

Cesar Jaramillo had a set by the artist of Heitor Villa-Lobos, a Brazilian composer. "Not many people understand how much time it takes to prepare for the classical guitar," Jaramillo said.

"We had a brief amount of time to put on a whole concert, but thanks to the performers and everyone who came out and supported," Jaramillo added, "we were able to have a good concert."

The Music Club collected a total of \$30 and it will be donated to Anderson's family.

Spanish Department holds its annual poetry session

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The Spanish Department and the Sociedad de Profesores Hispanos held an in-class session of Spanish poetry readings on April 20 in the Liberal Arts building.

The session titled "Peña de Poesía en Español" is an hour and a half long session that is usually held twice a month. Here, students as well as professors are given the opportunity to read poetry by some of their favorite poets, as well as read some of their own original poems.

Ricardo Valdez also accompanied each reader with his guitar, by playing soft music during each reading.

Professor Walter Fernandez hosted the session, and says these sessions are one of his favorite things to do here at Cerritos.

"I enjoy these Spanish poetry sessions because I feel it is necessary to have events like these," Fernandez said. "Sixty percent of Cerritos College is Latino. I feel it is

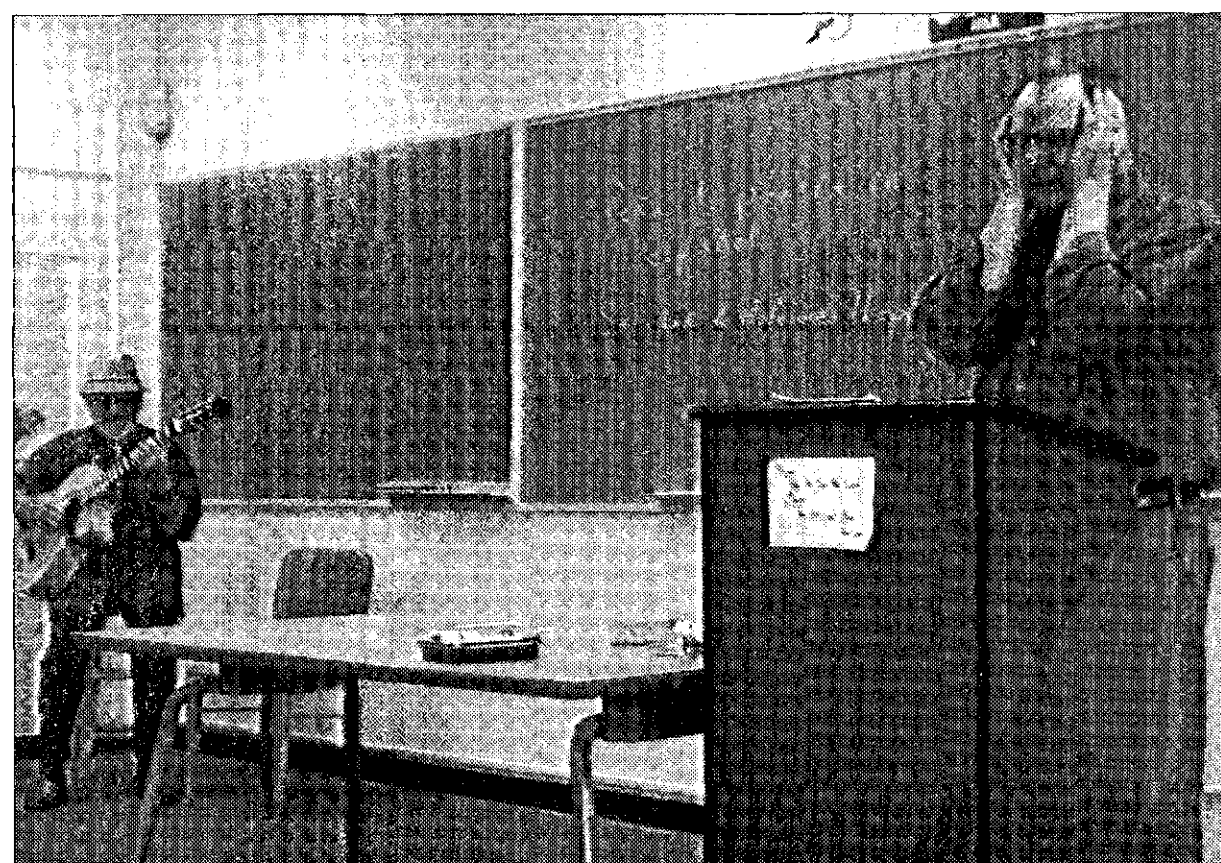
important to have things in an intellectual environment like this that everyone can enjoy."

Each reader was given about five minutes to read poems in Spanish and then translated them into English. Poems ranged from controversial and revolutionary subjects, to poems about love and heartbreak.

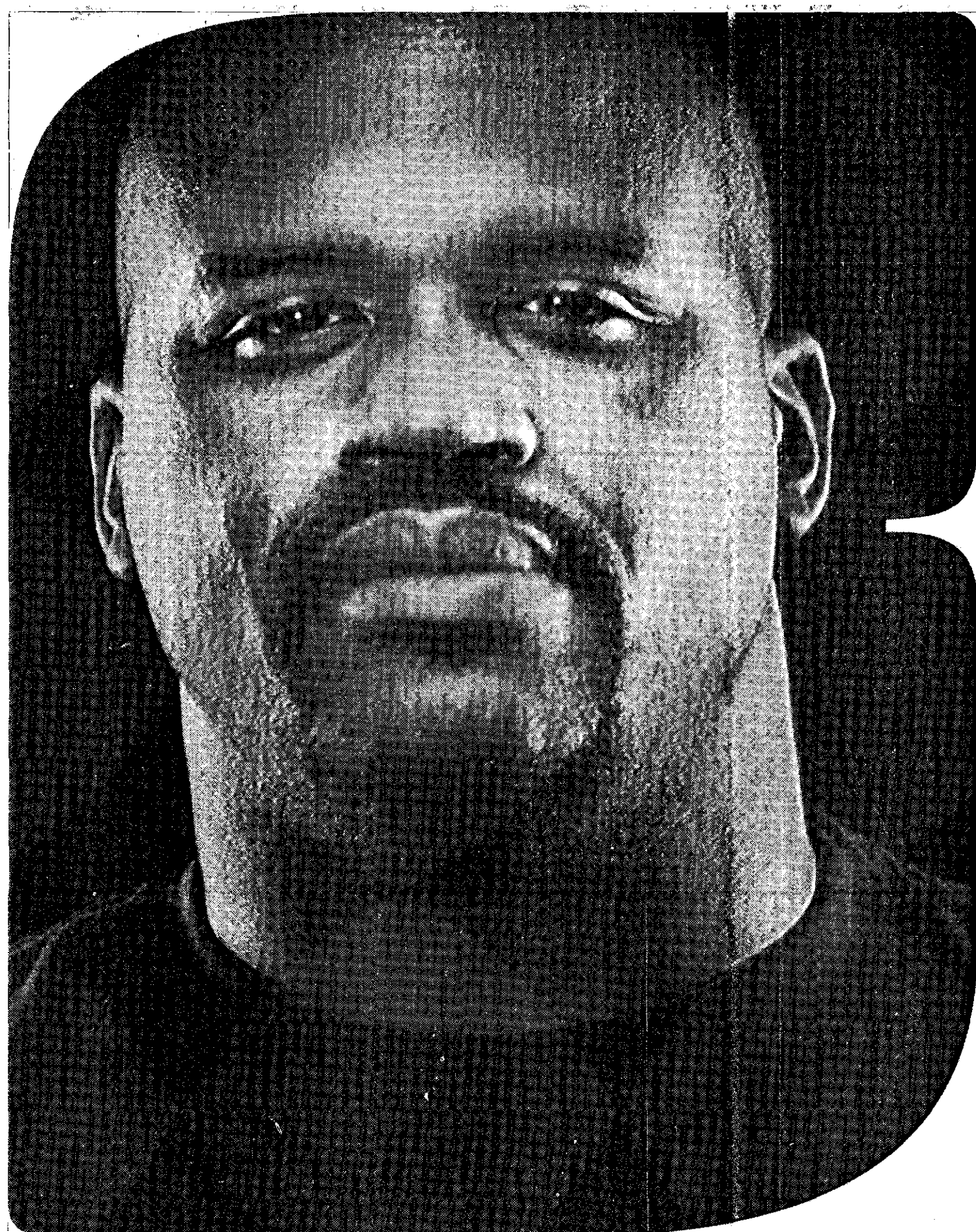
Two published poets in the Spanish Department, Professors Froylán Cabuto and Jennie Jaime, also participated in this annual event, as did Professor Frank Gaik, who entertained everyone with his hilarious take on a poem entitled "El Cucuy."

All the students who read poems aloud volunteered to do so. The turnout led Fernandez to believe that there is interest among some students at Cerritos to have events like these more than just once a year.

"We've been doing these readings for about four years now," Fernandez said. "We, meaning the Sociedad de Profesores Hispanos, would like to see students work with us and other faculty members to promote reading sessions, be it poetry or short stories."



"El Cucuy": Professor Frank Gaik (right) recites an entertaining poem that keeps the classroom wanting more.



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12 - SPORTS

Wednesday, April 28, 2010 • www.talonmarks.com

Throwers strive for state title

ANDREW PEREZ
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With the Cerritos College track and field team on its way to another successful season, the team's throwing branch of shot put, hammer, javelin, and discus throwers has contributed its portion of shining stars as well.

Freshmen's Samuel Carrington and Sony Theodate, along with sophomore Aundrea Stovall, are leading the way for the Falcon's field events as they venture on another run at the state championship.

Lloyd Higgins, throws coach for the Falcons, states that putting in the same amount of work in the weight room, as well as out in the field working on their technique, is what makes these individuals great at what they do.

Higgins describes Stovall as an athlete that's as versatile as any.

She holds the season's sixth longest throw in woman's javelin; she is ranked second in woman's pole-vaulting in southern California, and is also ranked third in woman's high jump in southern California.

This being her sophomore season, her most outstanding athletic display thus far has been placing second in the Southern California Heptathlon Championship.

She racked up 4327 points, the second most in school history.

At the event she tied for first place in the high jump, 1.59 meters, and placed second in three more events: javelin, 34.70 meters, shot put, 10.17 meters, and the 800-meter run, 2:29.24.

"I think I've come a long way from the athlete I was before," Stovall proclaimed. "I'm a lot stronger mentally and physically."

"I want to make it further in state than I did last year."

Theodate, who recruited from Florida after high

school, uses his 6'5" 245-pound frame to specialize in the events of shot put, discus, and hammer throw.

The Antelope Valley meet could be considered Theodate's best performance as he threw a season best of 50' 3.25" in shot put, to earn second place, and a discus throw of 142'3" to earn third place.

His best for the hammer throw came back in the Beach Invitational where he launched the 16-pound metal ball 46.83 meters, meanwhile his seasons best for discus, 44.53 meters, occurred at the Santa Barbara Easter Relays.

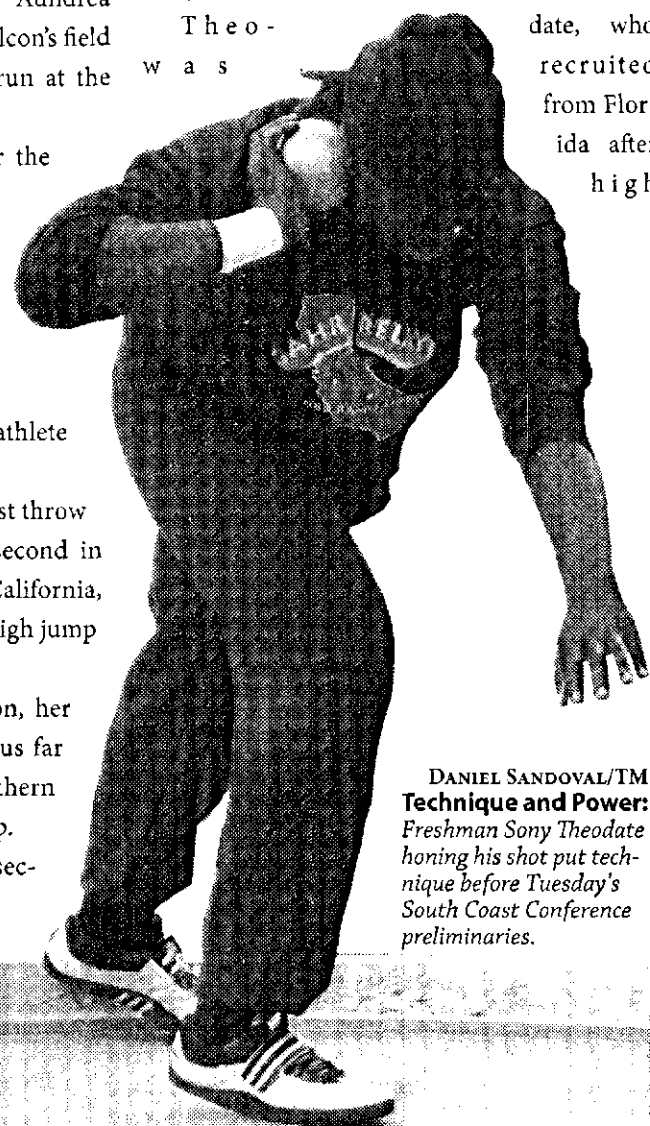
"Weight-lifting has got me a lot stronger," Theodate said. "I had good technique but he [coach Higgins] really taught me how to get it out there."

Graduating from the same high school as Theodate in Florida, Carrington can be considered most successful in the discus throw, although he still competes in shot put, javelin, and hammer throw as well.

In the Overflow Meet hosted at Cerritos College, Carrington snatched a first place finish in the discus throw with a seasons-best distance of 157'8", out tossing the second place finisher by 5'8".

Carrington similarly owes his success to the work he has aggregated in the weight room and close attention to technique.

"[Coach] Higgins is real strict on technique," he said, "without technique you could be strong as ever, but it won't go far."



DANIEL SANDOVAL/TM
Technique and Power:
Freshman Sony Theodate honing his shot put technique before Tuesday's South Coast Conference preliminaries.

Players to blame for sagging season



After a horrible season the question is always asked who is to blame, is it the coach or the players?

For this season's Cerritos College baseball team the answer is simple it's the players.

The coach doesn't hit the ball, field, or pitch.

It is not even that the team can't hit it just doesn't hit in clutch situations.

It seems every time the Falcons have runners on base the batter strikes out or pops up.

And of course that will happen but good teams have productive outs meaning moving guys over from second to third by hitting the ball to the right side or hitting a sacrifice fly to score a run. This rarely happens for this season's Falcons.

Another major problem the Falcons have faced this season is fielding. Its not even the fielding has been that horrible but again it is the timing that the errors are made that has mattered.

It seems the errors the Falcons have made have come at inopportune times. When runners are on base in a close game, they seem to forget how to catch and throw the ball.

Errors at any time, can kill any team, at any level; it's the biggest rule of baseball, never give the other team an extra out.

Coaches can teach the fundamentals of fielding a ground ball or an easy popup, and I am sure Brooks teaches that. The execution

comes down to the players and this year's Falcons have not been executing on the field.

Catching has been another problem for the Falcons this season. Pass balls with runners on base have been happening way too frequently. Pass balls, or wild pitches, do not mean much when there are no runners on base, however, if there are runners on base it will and has killed a teams hope for a win.

Again, coaches can show a catcher how to block a ball, they can show how to get in front of a wild pitch, but execution goes down to the one with the mask on.

The lone bright spot has been the starting pitching led by Freshman Nick Quesada and Sophomore Chris Villalobos, these two guys have provided a tremendous one-two punch for the Falcons and have kept the team in most of the games they have started.

But, on the other side of the coin is the bullpen. When the Falcons have been in a spot to win a game the bullpen seems to do it's best to blow it.

The back end of the bullpen has been horrendous and the coaching staff needs to find some arms to fill the spots in the bullpen before next season or the Falcons will be looking at another sub-par season.

With all this being said the answer to why the Falcons have done so horribly can be as worrying about making mistakes.

It happens to the best players in the world, one mistake can start to snowball and next thing you know you can't stop making mistakes.

But, whatever the case is, you cannot blame Brooks for one bad season.

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You're out!: Max McElenny getting struck out in the 15-3 loss to the East Los Angeles Huskies last Saturday.

STEVEN QUINTANA/TM

Falcon baseball strikes out

The Falcon baseball team has struggled to win all season.

STEVEN QUINTANA
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It was another strikeout for the Cerritos Falcons as they fell against the East Los Angeles College Huskies, 15-3, last Saturday at Kincaid field.

The Cerritos College baseball team is ending its losing season with a sputter as it has lost seven out of its last 10 games with hopes

of ending the season with only a record of 14-22.

"It's just been a bad season all around," starting pitcher Chris Villalobos said.

And the poor season continued with a dominating performance by the visitors as ELAC starting pitcher Anthony Gomez, out of John Glenn High School, managed to get seven strikeouts and shut out Cerritos through seven innings.

The Falcons, on the other hand, gave up 15 runs throughout the whole game and committed three errors.

"There hasn't been an answer

for anything," Villalobos commented.

The Cerritos pitching fell short this game as starter Chris Villalobos gave up eight runs in just under four innings.

Pitcher Tucker Woods came in the game in relief for Villalobos and gave only one run in four innings but it wasn't enough to change the outcome.

Then in the eighth inning, Kevin Hendrix came in to close the game but fell in the same hole as Villalobos giving up six runs in just two innings.

The Falcons failed to score until the eighth inning earning two

runs on pitcher Jesse Silva and one more run in the ninth against Dennis Rangel of ELAC.

The attitude of the players in the dugout reflected how the team played out, as they were emotionless and quiet with only murmurs every once in a while.

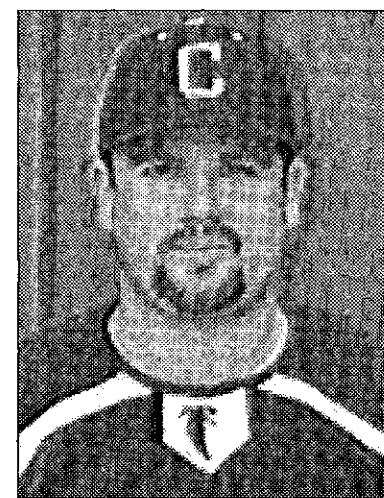
Communication between players was almost non-existent as players seemed like less of a team and more like strangers.

At one point, for an unknown reason, the entire dugout, with the exception of the coaches, sat on the ground as if it were a punishment before returning to its bench.

ELAC landed a total of 20 hits, 18 being singles. Nevertheless, the Cerritos College baseball team continued to play through the pain.

Tim Soonthornagarun, Joe Terry, and Jake Mayoral earned two hits each and a two RBI double by Jeremy Cameron gave Cerritos two of its three earned runs.

Cerritos will finish off the season with a pair of games against L.A Harbor College on Tuesday at L.A Harbor College and then on Thursday back at Kincaid Field.



JACK BROOKS

Work out tip of the week: chest

TALON MARKS



MIGUEL SALAS

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This week we got our workout from a Cerritos College student and amateur bodybuilder, 19-year-old Jorge Mendoza. This will be a more challenging workout for those of you who may be interested in higher intensity workouts, as it requires heavy weight. For these workouts you will increase the weight 5 to 10 pounds every set. You could lower the reps as you go by two, for example: Start at 10, then 8, then 6. You can also attempt to stay at 10 reps all the way through the 3 sets if you feel you can. However make sure you are increasing weight every set.

Butterflys- This workout focuses on your inner chest area. Grab a pair of dumbbells and lie on a flat bench. Your arms should be at your sides at a 90 degree angle and your palms facing your legs. Extend your arms and rotate your wrists slightly so your palms are facing each other when your arms are fully extended. For this workout only, do 4 sets starting at 20 reps. Make sure you're using the right weight for you to complete these sets. Lower the reps each set, and end at about 10 reps on your fourth set.

Incline Bench- You will be using a barbell on an incline bench, to workout your upper chest. Lie on the incline bench, grip the bar with an overhand grip a little bit wider than shoulder width. Lower the weight to your upper chest then press the bar back up until your arms are extended. This covers size, definition and strength. Do 3 sets starting at 10 reps and go down by 2 reps each set as you increase the weight. Your third set should end with 6 reps.

Dumbbell Rise- This is for your lower chest, and helps get that cut or cup in your lower chest that helps the chest stand out. With your feet at about shoulder width, start by holding the dumbbells at your sides, your palms should be facing forward. Keeping your arms extended but not locked, lift up with your arms in the same extended position until the weights are at the same level as your head and squeeze your chest when you reach the top. Lower back down to starting position

Bench Press- Grip the barbell with an overhand grip a little wider than shoulder width. Lower the weight to your mid-chest area then press the bar back up until your arms are extended. Make sure not to grip the bar too wide. Do 3 sets starting at 10 reps, and go down by two reps each set as you increase the weight.

Here are some other tips our fellow Falcon, Mendoza, gave us for you to benefit more from your workout. Make sure you eat before working out, oatmeal would be a good option. Exercising on an empty stomach will lead to your body burning muscle as fuel instead of using carbs. If you are burning muscle then you are defeating the whole purpose of this type of workout.

Some good foods to eat after your workout include tuna, and grilled or boiled chicken. Eating after your workout helps with the building and recovery process for your muscles. Some things you should make sure you have is a spotter, which is someone who assists you when you are lifting for safety. A weight-training belt for back support is also something he suggests for heavy lifting. Make sure you hydrate and stretch, stretching after your workout helps your muscles recover and rebuild muscle better, as well as prevent knots which most avid athletes will tell you are quite a painful inconvenience. Enjoy your workout, and thanks to Hernandez again for the routine.

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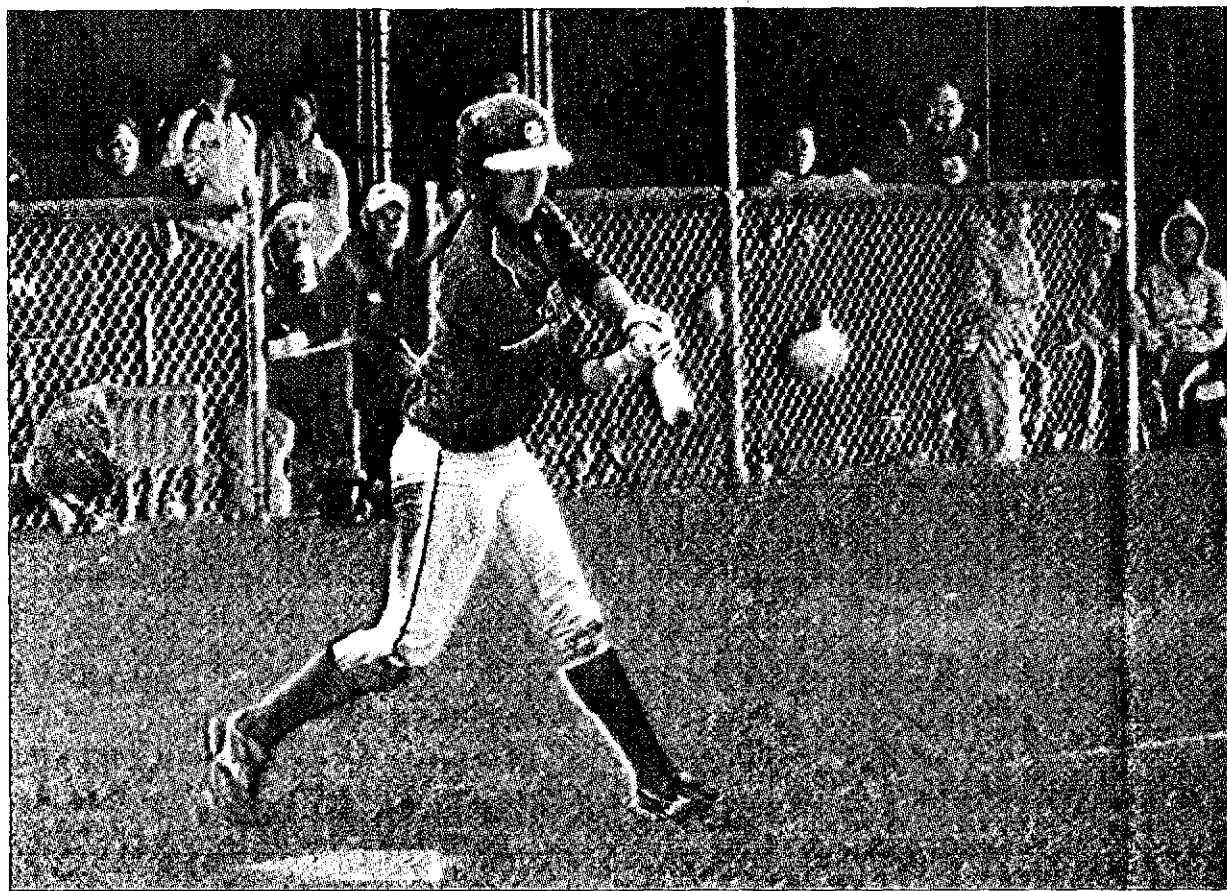
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Godoy leads Falcons to win conference



Back stronger: Shortstop Cassandra Godoy scoring a hit in last Tuesday's final conference win against Mt. SAC.

Cerritos Softball has remained dominant through the season.

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Cassandra Godoy led the Falcon softball team in its victory over Mt. San Antonio College, 14-1, in the midst of a rainstorm last Tuesday.

The team's fourteenth straight win landed it a No. 1 ranking in the state and home-field advantage at the start of the playoffs.

"Our bats came alive today against a really good Mt. SAC team," head coach Kodee Murray said. "It felt good

to go out that way."

Godoy had a good time going three for four in her at-bats.

"Even though we are not a rival team, it feels like a rival team," she said. "It's always just fun playing them."

However, Murray described Godoy as not just fun and games on the field.

"[Godoy] is probably the best short stop in the conference, I think she could be the best short stop in the state," she said.

Godoy has progressed all season, but her most impressive performances have been made in the team's continuing win streak.

"She has really played outstanding in the last 10

games and has really turned a corner in her demeanor and the way she approaches the field."

The previous games in which Godoy faced the Mt. SAC bullpen she was shut out and did not land a hit.

This time it was her turn to prove how she has been progressing during practice.

"The first two times we played them I didn't do so good," Godoy stated, "but this game I just felt like I played good and very confidently."

"Going three for four feels pretty good," she added.

After a run-scoring double by Godoy gave Cerritos a 2-1 lead in the third, catcher Samantha Vaaulu smashed her fourteenth home run of the season to put the team on top 4-1.

With a 10-run fourth inning, the Falcons seemed to seal their fate for the regular season.

Sammie Garcia collected a pair of hits in this one-sided inning resulting in three RBIs, catapulting the Falcons' lead to 14-1.

Sophomore pitcher Hillary Perez-Ashley held Mt. SAC to just four hits, improving her record to 30-1 on the season.

Unusual circumstances forced the umpires and coaches of both teams to agree to finish the South Coast Conference season in the rain in time for the play-offs.

A larger rainstorm was forecasted for the only days available for a reschedule of the game so both teams had to cope with the precipitation and play the best they could.

The Cerritos team has been so dominating lately however, that they have currently not let any hosted game slip away, rain or shine.

Murray said, "It's the first time in nine years since I've been here that we went undefeated at home."

That was a good feeling, especially when we had to close it out against the No. 2 ranked team in the South

Coast Conference, Mt. SAC."

Murray added that Mt. SAC is one of the strongest teams in the state and it will be in there battling to the end due to its stellar coaching and good players.

He looks forward to possibly facing it again this season.

Outfielder Sammie Garcia feels that with proper preparation, the post season should go well for the Falcons.

"As long as I get my work in the day before, and I really work hard at practice, I'm usually confident," Garcia stated.

She added that the team is comfortable going into the play-offs, but that it doesn't know what to expect because every year the teams can be different, posing different challenges for Cerritos.

"At the same time, we know what we have to get done," she added.

Cerritos College will host the opening of the Southern California Regional Playoffs on Saturday at 2 p.m. against No. 16-seeded Chaffey College in a best-of-three series.



Consistency: Sophomore Hillary Perez-Ashley gave up only four hits in the win against Mt. SAC last Tuesday.

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